

# One Mississippi

**COPPER KNOB**  
STEPSHEETS

拍數: 64                      牆數: 1                      級數: Intermediate  
編舞者: Barry Amato (USA)  
音樂: One Mississippi - Jill King



## STEP, TOUCH, TOUCH, TOUCH, STEP, STOMP UP, STEP, STOMP UP

- 1-2                      Step to the right on the right foot, touch left foot next to right foot
- 3-4                      Touch left foot out to left side, touch left foot next to right foot
- 5-6                      Step to the left on the left foot, stomp up with the right foot keeping weight on left
- 7-8                      Step to the right on the right foot, stomp up with the left foot keeping weight on right

## VINE LEFT, FULL TURN, HOLD, HEEL, TOE

- 1-2                      Step left foot to the left, cross right foot behind left
- 3-4                      Begin to do a full turn stepping on the left foot a  $\frac{1}{4}$  turn left, continue to turn by stepping on the right foot as you do another  $\frac{1}{4}$  turn left

### Your back will be to original position

- 5-6                      Complete turn by stepping on the left foot as you do a  $\frac{1}{2}$  turn left, hold

### You will be facing original position

- 7                        Tap your right heel forward diagonally left

### You will open your body on a full diagonal to the left as you do this

- 8                        Tap your right toe straight back behind you

## STEP, HOLD, $\frac{1}{2}$ PIVOT TURN, HOLD, STEP, HOLD, $\frac{1}{2}$ PIVOT TURN, HOLD

- 1-2                      Still on a diagonal left step forward on the right foot, hold
- 3-4                      Do a  $\frac{1}{2}$  turn pivot left with left foot taking weight, hold
- 5-6                      Still on a diagonal left, step forward on the right foot, hold
- 7-8                      Do a  $\frac{1}{2}$  turn pivot left with left foot taking weight, hold

## HEEL, FAN, HEEL, FAN, STEP, $\frac{1}{2}$ PIVOT TURN, STEP, $\frac{1}{2}$ PIVOT TURN

- 1                        Dig right heel into floor diagonally left
- Your body is no longer on a diagonal, but your foot is
- 2                        Fan your foot from left to right and place your weight down on it
  - 3-4                      Dig left heel into floor diagonally right, fan your foot from right to left and place your weight on it
  - 5-6                      Step forward on the right foot, pivot  $\frac{1}{2}$  turn left with left taking weight
  - 7-8                      Step forward on the right foot, pivot  $\frac{1}{2}$  turn left with left taking weight

## STEP DIAGONAL, TOUCH, STEP DIAGONAL, TOUCH, TURN, STEP DIAGONAL, TOUCH, STEP DIAGONAL TOUCH

- 1-2                      Step forward & diagonally right, touch the left foot next to the right
- 3-4                      Step forward & diagonally left, touch the right foot next to the left
- &                        With weight on the left foot, pivot a  $\frac{1}{2}$  turn right on ball of left foot
- 5-6                      With your back to original position step forward & diagonally right, touch the left foot next to the right
- 7-8                      Step forward & diagonally left, touch the right foot next to the left

## STEP, HOLD, STEP, $\frac{1}{2}$ TURN PIVOT, WALK FORWARD WITH HIP STYLING

- 1-2                      Step forward on the right foot, hold
  - 3-4                      Do a  $\frac{1}{2}$  turn pivot left with left foot taking weight, hold
  - 5-8                      Using your hips as you do this, walk forward (take very small steps) right-left-right-left
- As you do each step, step forward and push your hips out to the appropriate side, this will style your walk

## **STEP SIDE, HOLD, CROSS STEP, STEP, ¼ TURN STEP, DRAG FOR TWO COUNTS, TOUCH**

- 1-2 Step to the right on the right foot, hold
- 3-4 Cross left foot over right, step on the right foot next to the left
- 5-6-7 Open a ¼ turn left as you step on the left foot, drag the right foot into the left for two counts
- 8 Touch the right foot next to the left

## **FULL TURN RIGHT WITH EXTRA ¼ TURN, WALK FORWARD WITH HIP STYLING**

- 1-3 Begin to do a full turn to the right stepping right-left-right
  - 4 Turn an extra ¼ turn right, pivoting on the ball of the right foot, as you step forward on the left foot
  - 5-8 Using your hips again as you do this, walk forward (take very small steps) right-left-right-left
- As you do each step, step forward and push your hips out to the appropriate side, once again, this will style your walk like earlier in the dance**

## **REPEAT**

## **ENDING**

**You will do the pattern 6 full times and on the 7th time you will do the following to end on the last beat of music**

### **7TH PATTERN**

#### **STEP, TOUCH, TOUCH, TOUCH, STEP, STOMP UP, STEP, STOMP UP**

- 1-2 Step to the right on the right foot, touch left foot next to right foot
- 3-4 Touch left foot out to left side, touch left foot next to right foot
- 5-6 Step to the left on the left foot, stomp up with the right foot keeping weight on left
- 7-8 Step to the right on the right foot, stomp up with the left foot keeping weight on right

## **VINE LEFT, FULL TURN, HOLD, HEEL**

- 1-2 Step left foot to the left, cross right foot behind left
- 3-4 Begin to do a full turn stepping on the left foot a ¼ turn left, continue to turn by stepping on the right foot as you do another ¼ turn left

**Your back will be to original position**

- 5-6 Complete turn by stepping on the left foot as you do a ½ turn left, hold

**You will be facing original position**

- 7 Tap your right heel forward diagonally left

**You have finished the dance on the last beat of music.**

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