

One More Chance

COPPER KNOB
STEPSHEETS

拍數: 0 牆數: 4 級數: Intermediate
編舞者: Suzy Taylor (UK)
音樂: One More Chance - Michael Jackson



Sequence: A C B B A C B B A (1-24) C B to end

PART A

STEP FORWARD RIGHT, POINT OUT LEFT, STEP FORWARD LEFT, POINT OUT RIGHT, STEP FORWARD RIGHT, POINT OUT LEFT.

- 1-4 Step forward right, point left out to left side, step forward left, point right out to right side
5-6 Step forward right, point left out to side

MODIFIED JAZZ BOX, ROCK ACROSS ON RIGHT, TRIPLE STEP FULL TURN RIGHT, LEFT FORWARD COASTER STEP

- 7-8 Cross step left over right, step back on right
1-2 Large step left to left, slide right toe in to left foot
3-4 Rock right over left, recover weight back on left
5&6 Step right ½ turn right, step back on ball of left turning ¼ right, step forward right turning ¼ right
7&8 Step left forward, step right beside left, step back on left

3 TOE STRUTS BACK WITH SLIDE TOE IN, LEFT SHUFFLE FORWARD

- 1-2 Step right toe back, step down heel while sliding left foot with heel raised in front of right
3-4 Step left toe back, step down heel while sliding right foot with heel raised in front of left
5-6 Step right toe back, step down heel while sliding left in front of right
7&8 Step left forward, lock right foot behind left heel, step forward left

ROCK FORWARD, ½ PIVOT TURN LEFT, TRIPLE FULL TURN LEFT, DIAGONAL SIDE STEPS WITH TOE TAPS BEHIND TWICE

- 1-2 Rock forward on right, pivot ½ turn left with weight ending on left
3&4 Step forward on right turning ¼ turn left, step left to left turning ½ left, step forward right turning ¼ left
5-6 Step left forward diagonally left, touch right toe behind
7-8 Step right forward diagonally, touch left toe behind

SIDE TOGETHER, CHASSE LEFT, SIDE TOGETHER CHASSE RIGHT

- 1-2 Step left to left, bring right beside left
3&4 Step left to side, bring right beside left, step left to left
5-6 Step right to right, bring left beside right
7&8 Step right to right, bring left beside right, step right to right

ROCK FORWARD LEFT, ¼ TURNING SHUFFLE LEFT, STEP ½ PIVOT LEFT WITH TOUCH, FORWARD LEFT SHUFFLE

- 1-2 Rock left over right, recover weight back on to right
3&4 Step left ¼ turn left, bring right in beside left, step forward left
5-6 Step forward right turning ½ left, with weight on right touch left toe in front
7&8 Step left forward, bring right beside left, step forward left

PART C

2 PADDLE TURNS 1/8 TURN LEFT, SIDE STEP ¼ TURN LEFT TOUCH TOE BEHIND, SIDE STEP & DRAG, TOE TOUCH UNWIND ½ LEFT, ¼ TURNING LEFT SAILOR

- 1&2 Touch right, pivot 1/8 turn left on ball of left, touch right toe to right, pivot 1/8 turn left
3-4 Side step right to right turning ¼ left, touch left toe behind
5-8 Side step left to left, drag right toe in beside left. Touch right toe across left, unwind ½ left, weight on right
1&2 Step left ¼ left, step right to side, step left to side
During 3rd time do not turn but remain facing front

PART B

TAP RIGHT ACROSS LEFT, TAP RIGHT TO SIDE, KICK RIGHT FORWARD & ACROSS TO LEFT, CROSS BEHIND, SIDE STEP, HOLD. WEAWE LEFT, 3 STEPS, ROCK OUT LEFT, HOLD

- 1&2 Tap right across left, tap to side, kick right forward & across left
3&4 Cross step right behind left, step left to left, hold
5&6 Cross step right over left, step left to left, cross step right behind
7&8 Rock left to left, recover weight on to right, hold

TAP LEFT ACROSS RIGHT, TAP LEFT TO SIDE, KICK LEFT FORWARD & ACROSS TO RIGHT, CROSS BEHIND, SIDE STEP HOLD. WEAWE RIGHT, 3 STEPS, ROCK OUT RIGHT, HOLD

- 1&2 Tap left across right, tap to side, kick left forward & across right
3&4 Cross step left behind right, step right to right, hold
5&6 Cross step left over right, step right to right, cross step left behind
7&8 Rock right to right, recover weight on to left, hold

- 16-32 Repeat above 1-16 counts
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