# One Night At A Time (P)



拍數: 64 牆數: 0 級數: Partner

編舞者: Carol Hill

音樂: One Night At a Time - George Strait



## LADY'S STEPS

1-4	(SS) Step right back, hold, step left back, hold
5-6	(QQ) Step right to side, step left together

## 7-12 Repeat 1-6

13-14	(S	) Step right fo	orward, to	ouch lef	t together

15-16 (S) Step left forward, hitch right knee and turn  $\frac{1}{2}$  left

#### Into wrap position

Into wrap position			
17-21	Roll away from partner in three steps right, left, right		
22	Touch left, hands joined		
21-23	Roll back into wrap position in three steps left, right, left		
24	Touch right		
25-28	Step right, touch left, step left, touch right, raising hands above head into cathedral position (in open position), changing hands		
29-32	Rolling vine to the right together right, left, right and touch left (right hands joined)		
33	Step left		
34	Touch right		
35	Step right		
36	Touch left		
37-40	Roll 1 ½ turn left to end facing partner, left, right, left, and touch right, right hand to right hand, right shoulder		
41	Step 1/4 right on right		
42	Touch left beside right		
43	Step ¼ left on left (back to shoulder to shoulder)		
44	Touch right beside left		
45-47	Rolling vine to the right (away from each other) three steps right, left, right		
48	Touch left, ending left hand to left hand		
49-51	Rolling vine to the left three steps left, right, left		
52	Touch right ending in closed dance position but hip to hip		
53-56	Long steps back right, left in a weave position (lady facing 10:00)		
57	Step right		
58	Close left in a closed dance position LOD		
59-62 63	Long steps back right, left in a weave position (lady facing 2:00) Step right		
64	Close left in a closed dance position LOD		

## **REPEAT**

#### **MAN'S STEPS**

1-2	Step forward left
3-4	Step forward right
5	Step side left on left
6	Close with the right
7-8	Step forward left
9-10	Step forward right
11	Step side left on left
12	Close with the right
13	Step on left foot
14	Touch right
15	Step on right foot
16	Touch left foot beside
47.00	Vine left and to use vight welling posteroute box vight
17-20	Vine left and touch right rolling partner to her right
21-24	Vine right and stomp left (four steps to change feet) winding partner back into wrap position
25-28	Step right, touch left, step left, touch right, raising hands above head into cathedral position
	(open position) changing hands
29-32	Rolling vine to the right together right, left, right and touch left (right hands joined)
33	Step left
34	Touch right
35	Step right
36	Touch left
37-40	Vine left three steps left, right, left and touch right, ending right shoulder to right shoulder with
	right hands joined
41	Step ¼ right on right
42	Touch left beside right
43	Step ¼ left on left (back to shoulder to shoulder)
44	Touch right beside left
45-47	Rolling vine to the right (away from each other) right, left, right
48	Touch left ending left hand to left hand
49-52	Rolling vine to the left (away from each other) left, right, left and stomp right (four steps to change feet) catching lady in a weave position
	change reet, catering lady in a weave position
53-56	Long steps forward left, right in a weave position (man facing 4:00)
57	Step left
58	Close right in closed dance position LOD
59-62	Long steps forward left, right in a weave position (man facing 8:00)
63	Step left
64	Close right in closed dance position LOD

## **REPEAT**