

One Of Us

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Dynamite Dot (UK)
音樂: That Makes One of Us - Alison Krauss



SIDE ROCKS FLICK/FULL TURN/LEFT SIDE ROCK

1-2-3-4 Rock/bump to right side, rock left side, rock right side, flick left behind right

Styling: rock and bump hips at the same time

5-6 Pulling back over right shoulder, turn right but travel to left side with a full turn on left and right

7-8 Left rock to side, recover onto right

STROLL DIAGONALLY FORWARD/BACK LOCK/SWEEP ¼ TURN RIGHT

1-2-3-4 Step left diagonally to right and forward, hold, step right diagonally forward to right, hold

Styling: as in stroll with attitude

5-6 Left back diagonally left and lock right across left

7-8 Stepping back on left make a ¼ turn right and sweep right toe around

RIGHT BACK TOGETHER FORWARD POINT/REPEAT ON LEFT

1-2-3-4 Step back on right, step left next to right, step forward on right, point left toe to left side

5-6-7-8 Step back on left, step right next to left, step forward on left, point right toe to right side

RIGHT ½ TURN JAZZ BOX/SIDE ROCKS ?

1-2 Cross right over left beginning turn to right - step back left completing ½ turn right

3-4 Step right to side, touch left next to right

5-8 Rock/bump to left side, rock to right side, rock to left side, flick right behind left

Styling: rock and bump hips at the same time

REPEAT