

# 1 2 Step

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver hip hop  
編舞者: Sobrielo Philip Gene (SG)  
音樂: One, Two Step (feat. Missy Elliott) - Ciara



## STEP TOUCHES, STEP STEP (FEET APART)

1-2      Step right to right, touch left beside right  
3-4      Step left to left, touch right beside left  
&5      Step right diagonally back to right, touch left beside right  
&6      Step left diagonally back to left, touch right beside left  
7-8      Step right forward, step left to left (feet apart)

## TOUCH FLOOR, THIGH SLAP, BOUNCE ¼ TURN, KICK STEP BACK, HIP BUMPS FLICK

1      Using right hand touch the floor or point to the floor (body is bending down)  
2      Stand up and clap respective thighs with respective hands  
3&4      Making ¼ turn left bounce both feet 3 times (3&4)(weight on left)  
5&6      Kick right forward, step right back, step left to left  
7&8      Bump hips to left, bump hips to right, bump hips to left and flick right behind left

## STEP TOGETHER (SIDE) KNEE POPS SIDE, STEP TOGETHER (BACK) KNEE POP FORWARD

1-2      Step right to right, step left beside right  
3      Pop right and left knees out to respective side  
&      Bring both knees in towards each other  
4      Pop right and left knees out to respective side  
&      Bring both knees in  
5-6      Step right back touch left beside right  
7&8      Pop right knee forward, pop left knee forward, pop right forward, pop left forward

## STEP TOGETHER (SIDE) KNEE POPS SIDE, STEP TOGETHER (FORWARD) KNEE POP FORWARD

1-2      Step left to left, step right beside right  
3      Pop right and left knees out to respective side  
&      Bring both knees in towards each other  
4      Pop right and left knees out to respective side  
&      Bring both knees in  
5-6      Step left forward touch right beside right  
7&8      Pop left knee forward, pop right knee forward, pop left forward, pop right forward

## REPEAT

## TAG

**On the 5th wall (front wall) do this 4 count tag**

1-4      Step right forward, step left forward, step right back, step left beside right