

Only Time Can Say

COPPER KNOB
STEPPERS

拍數: 0
編舞者: Mare Dodd (USA)
音樂: Only Time - Enya

牆數: 4

級數: Intermediate



Sequence: AB, AB, ABC, AB

PART A

FULL TURN LEFT, SHUFFLE FORWARD RIGHT, ROCK, RECOVER, TURNING SHUFFLE

- 1-2 Moving forward, turn one full turn to left, stepping right-left
- 3&4 Shuffle forward right-left-right (or use lock step here)
- 5-6 Rock forward on left, recover back on right
- 7&8 Turning $\frac{1}{2}$ left, shuffle left-right-left

Option: 1 & $\frac{1}{2}$ turns

FULL TURN LEFT, SHUFFLE FORWARD RIGHT, ROCK, RECOVER, TURNING SHUFFLE

- 1-8 Repeat above 8 counts

STEP RIGHT TO RIGHT SIDE, LEFT BEHIND, $\frac{1}{4}$ TURNING SHUFFLE, $\frac{3}{4}$ TURN, LEFT SAILOR

- 1-2 Step right to right side, step left behind right (beginning $\frac{1}{4}$ turn right)
- 3&4 Turn $\frac{1}{4}$ right as you shuffle forward right-left-right (3:00 wall)
- 5-6 On ball of left foot turn $\frac{3}{4}$ right & step on right (12:00 wall)
- 7&8 Left sailor shuffle

STEP RIGHT BEHIND LEFT, $\frac{1}{4}$ LEFT TURN, $\frac{3}{4}$ TURNING SHUFFLE, LEFT SAILOR, ROCK, RECOVER

- 1-2 Step right behind left, turn $\frac{1}{4}$ left & step on left (9:00 wall)
- 3&4 Turn $\frac{3}{4}$ left as you shuffle right-left-right (12:00 wall)
- 5&6 Left sailor shuffle
- 7-8 Rock back on right, recover forward on left

$\frac{1}{4}$ TURN RONDE, RIGHT CROSS, STEP-SLIDE

- 1-2 Ronde right turning $\frac{1}{4}$ left, end with right toe touching across left
- 3-4 Step forward on right, slide left to meet right (weight. On left)

PART B

RIGHT FORWARD SHUFFLE, ROCK, RECOVER, SHUFFLE BACK LEFT, ROCK, RECOVER

- 1&2 Shuffle forward right-left-right
- 3-4 Rock forward on left, recover back on right
- 5&6 Shuffle back left-right-left
- 7-8 Rock back on right, recover forward on left

$\frac{1}{4}$ TURN RONDE, CROSS, STEP-SLIDE 3 TIMES

- 1-2 Ronde right turning $\frac{1}{4}$ left, end with right toe touching across left
- 3-4 Step forward on right, slide left behind
- 5-6 Step forward on right, slide left behind
- 7-8 Step forward on right, slide left to meet right (weight on left)

At the end of 3rd time through the dance, you must only touch left

- 1-16 Repeat above 16 counts

PART C

STEP, TOUCH, STEP, TOUCH, STEP, TOUCH

- 1-2 Step diagonally left, touch right
- 3-4 Step diagonally right, touch left
- 5-6 Step diagonally left, touch right

OPTIONAL ARM MOVEMENTS

- 1-2 Gracefully (??) Raise left arm over head, bring left arm down to side
- 3-4 Gracefully (??) Raise right arm over head, bring right arm down to side
- 5-6 Gracefully (??) Raise left arm over head, bring left arm down to side

This movement kinda looks like you're doing the backstroke!!!
