Oops! We Did It Again

級數: Intermediate/Advanced

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音樂: Oops!... I Did It Again - Britney Spears

Phrasing. Start dance 16 counts after the beat kicks in. The 3rd time round, the music slows a great deal, on the words "all aboard". You'll be at count 17. When you get to count 33, the beat kicks in again. Carry on, but skip counts 43,44,&45,46&. Dance counts 47-80. Repeat counts 49-80 twice more and the dance is over.

GRAPEVINE RIGHT, "STREET-WISE" RUNNING MAN - TRAVELING BACKWARDS

1-4 Step right to right side, cross-step left behind right, step right to right side, step left beside right

Travel backwards during the following counts (5-8)

- 5 Right foot slide diagonally forward while left foot slides diagonally back (splaying both arms slightly to sides)
- & Right foot slide back in place while you raise/hitch left knee (bringing both hands to center, left over right)
- 6 Left foot slide diagonally forward while right foot slides diagonally back (splaying both arms slightly to sides)
- & Left foot slide back in place while you raise/hitch right knee (bringing both hands to center, right over left)
- 7 Right foot slide diagonally forward while left foot slides diagonally back (splaying both arms slightly to sides)
- & Right foot slide back in place while you raise/hitch left knee (bringing both hands to center, left over right)
- 8 Left foot slide diagonally forward while right foot slides diagonally back (splaying both arms slightly to sides)
- & Left foot slide back in place while you raise/hitch right knee (bringing both hands to center, right over left)

STEP, HEEL BOUNCES (¼-LEFT), &-STEP, HEEL BOUNCES (¼-LEFT), TOE-&-HEEL-TURN, KICK-CROSS-BACK-SIDE-TOGETHER

- 1&2 Step right forward, bounce on both heels twice: turning ¼ left on the spot& Step left beside right
- 3&4 Step right forward, bounce on both heels twice: turning ¼ left on the spot
- 5& Touch right toe beside left: pushing right knee forward, step right back (leaning back)
- 6& Touch left heel forward, on ball of left step on left foot: turning ½ turn right
- 7a Kick right forward, cross-step right over left
- & Step left back
- 8& Step right to right side, step left beside right

KICK BALL CHANGES (¼-LEFT) TWICE, KNEE-&-POINT-& TWICE

- 1&2 Kick right forward, step right beside left turning ¼ left, step left beside right
- 3&4 Kick right forward, step right beside left turning ¼ left, step left beside right
- 5 Touch right toe to left instep pushing right knee inwards
- & Step right slightly to right side straightening both legs
- 6 Point left toe to left side, leaning body slightly right

& Step left half way to center...this way you are slightly traveling to left side

7&8& Repeat above counts (5&6&)

On count 5, fists face inwards at chest height so knuckles are close to each other in front of you and arms are horizontal. Keeping fists near, push right elbow right. Also turn your head left/down. On count &, with fists near, swing both arms to center in the same position. Also turn head to face front. On count 6, fists facing inwards at chest height so knuckles are close to each other in front of you and arms horizontal, keeping fists





拍數: 80

牆數:1

near, push left elbow left. Also turn your head right. On count &, with fists near, swing both arms to center in the same position. Also turn head to face front

RIGHT SIDE CHASSE, ¾ RONDE TURN, RIGHT CROSS-ROCK-JUMP, LEFT CROSS-ROCK-JUMP

- 1&2 Step right to right side, step left beside right, step right to right side
- 3 Touch left toe forward
- & Sweep left toe around in a circular motion left ending with left locked behind right
- 4 On balls of both feet, unwind a ³/₄ turn left
- 5&6 Cross-rock right over left, rock weight back onto left, jump both feet shoulder width apart
- 7&8 Cross-rock left over right, rock weight back onto right, jump both feet shoulder width apart

RIGHT SLIDE, TOUCH, VAUDEVILLE STEP, &, LEFT SLIDE, TOUCH, VAUDEVILLE STEP

- 1-2 Slide right back to right diagonal, slide left toe beside right (weight on right)
- &3 Step left beside right, cross-step right over left
- &4 Step left to left side, touch right heel to right diagonal
- & Step right beside left
- 5-6 Slide left forward to left diagonal, slide right toe beside left (weight on left)
- &7 Step right beside left, cross-step left over right
- &8 Step right to right side, touch left heel to left diagonal

HEEL GRIND (1/2-LEFT), TOUCH-KICK, &, TOUCH-KICK, &, TOUCH-HITCH/RAISE-SIDE

- 1-2 Put weight onto left heel and rotate ½ turn left on left heel, step back on right
- 3-4 Touch left toe in front of right and beside right side of right foot, kick left forward& Step back on left
- 5-6 Touch right toe in front of left and beside left side of left foot, kick right forward
- & Step back on right
- 7&8 Touch left toe beside right, hitch/raise left knee, turning ¼ left: step left to left side You are now facing original 12:00 wall

OOPS I DID IT AGAIN

CROSS-PUSH-STEPS X4 (1/2-LEFT), KICK-BALL-SIDE, TOGETHER-POINT-STEP

- 1& Cross-step right over left with toe, push off right toe stepping on left
- 2-4& Repeat above counts (1&) a further 3 times, completing ½ turn left on the spot
- 5&6 Kick right forward, step right beside left, step left to left side
- 7&8 Step right beside left, point left toe to left side, step left beside right

I'D PLAY WITH YOUR HEART

SWIVETS: LEFT, RIGHT, 2X LEFT, WITH HAND WORK, APPLEJACKS TRAVELING LEFT

- 1& With weight on right toe & left heel: swivel left toe left & right heel right, swivel feet back to center
- 2& With weight on left toe & right heel: swivel right toe right & left heel left, swivel feet back to center
- 3& With weight on right toe & left heel: swivel left toe left & right heel right, swivel feet back to center
- 4& With weight on right toe & left heel: swivel left toe left & right heel right, swivel feet back to center

Option: handwork for above counts (1-4&). Place hands left over right on heart. During each swivet left, right, left, left. Extend both hands as they are, forward. During each (&) beat bring both hands as they are, back to your heart

- 5 With weight on right toe & left heel: swivel left toe & right heel left
- 6 With weight on left toe & right heel: swivel right toe & left heel left
- 7 With weight on right toe & left heel: swivel left toe & right heel left
- & With weight on left toe & right heel: swivel right toe & left heel left
- 8 With weight on right toe & left heel: swivel left toe & right heel left & center

OOPS YOU THINK I'M IN LOVE

CROSS-PUSH-STEPS X4 (1/2-LEFT), KICK-BALL-SIDE, TOGETHER-POINT-STEP

1-8 Repeat counts 49-56

SENT FROM ABOVE, "I'M NOT THAT INNOCENT ... !"

RAISE HANDS, SLOW CIRCLE WITH HIPS, PUNCH-PUNCH-EARS-TWIST-DOWN

- 1 Raise both hands high as you can (head looking up)
- 2-4 Over (3) counts slowly: swing right arm right & down, and swing left arm left & down (head looking forward)

While completing above counts (1-4), bump hips right 4 times - counts: 1&2&3&4& (all "&" beats will be hips center)

- 5 Punch right arm forward and to the left
- 6 Punch left arm forward and to the right (under left)
- 7 Uncross both hands to raise both hands to ear level and close to ears with palms facing front (head looking up)

So, right hand is beside right ear and left hand is beside left ear

- & Lower both hands by: twisting fingers & wrist inwards & downwards (head looking forward)
- 8 Ending with arms down to sides normally, with palms facing front (head looking down)

REPEAT