

# Open Arms

拍數: 72      牆數: 1      級數: Intermediate  
編舞者: Charlotte Macari (UK)  
音樂: Open Arms - Chris Owen



## LEFT TWINKLE TRAVELING SLIGHTLY FORWARD, WEAVE, SIDE STEP & DRAW TWICE

- 1-3            Cross left over right, step right next to left, step left slightly to left side  
4-6            Cross right over left, step left to left side, cross right behind left  
7-9            Step left to left side, draw right up to left, touch right next to left  
10-12         Step right to right side, draw left up to right, touch left next to right

## TURNING ¼ TURN BOX FORWARD, TURNING ¼ BOX BACK, STEP SWEEP ½ TURN TOUCH, CROSS ROCK, RECOVER SIDE STEP

- 13-15         Step forward on left, turn ¼ turn left stepping right next to left, step left next to right  
16-18         Step back on right, turn ¼ turn left stepping left next to right, step right next to left  
19-21         Step forward left, complete ½ turn left on left foot, while seeping right to the side, touch right to right side  
22-24         Cross rock right over left, recover on left, step right to right side

## CROSS, STEP ¼ TURN LEFT, STEP FORWARD ½ TURN LEFT, ROCK FORWARD, RECOVER, STEP BACK, 2 TWINKLES TRAVELING BACK

- 25-27         Step left across right, step back right as you turn ¼ urn left, turn ½ turn left as you step forward left  
28-30         Rock forward on right, recover weight on left, step back right  
31-33         Cross left over right, step right back to right diagonal, step back left to left diagonal  
34-36         Cross right over left, step back left to left diagonal, step back right to right diagonal

## TURNING TWINKLE ½ TURN LEFT, CROSS ROCK, RECOVER, STEP, WEAVE, SIDE STEP, DRAW, TOUCH

- 37-39         Cross left over right, turn ¼ turn left stepping back on right, turn ¼ turn left, stepping left to left side  
40-42         Cross rock right over left, recover on left, step right to right side  
43-45         Cross left over right, step right to right side, cross left behind right  
46-48         Step right side, draw left up to right, touch left next to right

## BASIC WALTZ TURNING ½ TURN LEFT, BASIC WALTZ BACK, REPEAT

- 49-51         Step forward left, turn /2 turn on left, stepping back right, step back left  
52-54         Step back right, step left next to right, step right next to left  
55-57         Step forward left, turn ½ turn on left, stepping back right, step back left  
58-60         Step back right, step left next to right, step right next to left

## FULL TURN TRAVELING FORWARD, LUNGE, RECOVER, ¼ TURN RIGHT, SIDE STEP

- 61-63         Step forward left, turn ½ turn left on left, stepping back right, turn ½ turn left on right stepping forward left  
64-66         Lunge forward on right, recover on left, turn ¼ right stepping right to right side  
**Easy option for counts 61-63: just walk forward left right left**

## LEFT CROSS ROCK, RECOVER, STEP, RIGHT CROSS ROCK, RECOVER, STEP

- 67-69         Cross rock left over right, recover on right, step left in place  
70-72         Cross rock right over left, recover on left, step right in place

**REPEAT**

**Advanced option**

67-69            Cross left over right, unwind full turn right, ronde right leg from front to behind

70-72            Cross lock right foot behind left, unwind a full turn right

**TAG**

The tag comes after the 1st & 3rd walls each time before the chorus. It's just a repeat of counts 67-72 (not the advanced option)

---