

Operation: D.A.N.C.E.

COPPER KNOB
BY STEPHEN B. BROWN

拍數: 72 牆數: 4 級數: Advanced
編舞者: Todd Lescarbeau (USA)
音樂: That Girl's Been Spyn' On Me - Billy Dean



SYNCOPATED HIP BUMPS

For these movements you are bumping hips in a syncopated fashion imitating a spy looking around

- 1&2&3&4 Bend body forward, right hand over your brow while moving body left to right, bump hips to the right
- 5&6&7&8 Bend body forward, left hand over your brow while moving body right to left, bump hips to the left
- 9-16 Repeat counts 1-8

KNEE ROLLS & SYNCOPATED STEPS

- 17-20 Roll right knee out to right (2 counts) roll left knee out to left (2 counts)
- &21&22 Right foot step to right, left step to left
- Feet should be shoulders width apart**
- &22 Right step to home position, left step together
- &23&24 Repeat &21&22

½ TURNS, STOMPS, KICK

- 25-32 Right foot step forward, turn body ½ turn to left, right foot step forward turn body ½ turn to left stomp right, left, right. Kick left foot forward while snapping fingers of right hand

GRAPEVINE LEFT WITH ¼ TURN

- 33-36 Left foot step to left, right step behind left, left step to left turning body ¼ to left, right foot together

HIP ROLLS

- 37-40 Roll hips to the right for four counts

SCOOT & CLAPS

- &41-42 Scoot back on left leg raising right leg(&), step down on right foot (41), clap hands (42) repeat &41-42
- &43-44 Repeat &41-42

SCOOT

- &45&46 Scoot back on left leg raising right (&), step back on right (45) scoot back on right foot raising left leg (&), step back on left foot (46)
- &47&48 Repeat &45&46

GRAPEVINE RIGHT WITH ¾ TURN

- 49-52 Right foot step to right, left step behind right, right step to right, swing left leg around while turning body ¾ to the right (now facing ¼ left of the direction you started at)
- 53-56 Walk forward left, right, left, touch right next to left

MASH STEPS (RIGHT, LEFT, RIGHT, RIGHT), (LEFT, RIGHT, LEFT, TOUCH)

- &57&58 Spread heels apart(&), step back on right twisting heels inward (57), spread heels apart (&), step back
- &59&60 On left twisting heels inward (58), spread heels apart (&), step back on right twisting heels inward (59), spread heels apart (&), slide heels together
- &61&62 Spread heels apart (&), step back on left twisting heels inward (61), spread heels apart (&), step back on right twisting heels inward (62),

&63&64 Spread heels apart (&), step back on left twisting heels inward (63), spread heels apart (&), touch right next to left

STEP, SLIDE, STEP TOUCH, STEP, SLIDE, ¼ TURN, TOGETHER

65-72 Right foot step to right, slide left next to right, right step to right touch left next to right (clapping hands). Left foot step to left, slide right next to left, left foot step to left turning body ¼ to left, touch right next to left

REPEAT
