

Out Of The Ashes

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mel Fisher (UK)
音樂: Ashes By Now - Lee Ann Womack



SYNCOATED ROCK STEPS, BACK SHUFFLE, BACK ROCK

1-2 Rock forward on right, replace weight onto left
& Quickly step right beside left
4-5 Rock forward on left, replace weight onto right
5&6 Shuffle back on left, right, left
7-8 Rock back onto right, replace weight onto left

TRAVELING BACK SIDE CROSS BEHIND TWICE, ¼ TURN COASTER RIGHT, LEFT SHUFFLE

9&10 Rock out to side on right, rock to side on left, cross right behind left (traveling back slightly)
11&12 Rock out to side on left, rock to side on right, cross left behind right (traveling back slightly)
13&14 Step right behind left, step ¼ turn right onto left, step forward on right
15&16 Shuffle forward on left, right, left

SIDE ROCK, CROSS SHUFFLE, ¼ TURN LEFT SHUFFLE

17-18 Rock out to side on right, replace weight onto left
19&20 Cross right over left, step small step to left side, cross right over left
21-22 Rock out to side on left, step ¼ turn to right stepping forward on right
23&24 Shuffle forward on left, right, left

SIDE, HOLD, SIDE ROCK, KICK BALL CHANGE, ¼ TURN LEFT

25-26 Rock to side on right, hold
& Quickly step left next to right
27-28 Rock to side on right, replace weight onto left
29&30 Kick right foot forward, step down onto ball of right foot, step on to left
31-32 Step forward on right, turn ¼ turn left putting weight onto left

REPEAT
