

Overdue Goodbye

拍數: 48 牆數: 4 級數: Improver
編舞者: Karen Dower (UK)
音樂: Overdue Goodbye - Anastacia



TWO WALKS FORWARD: RIGHT, LEFT, RIGHT SHUFFLE, LEFT ROCK, REPLACE, LEFT COASTER STEP

1-2-3&4 Walk forward- right, left, shuffle forward- right, left, right
5-6-7&8 Forward left rock, replace weight to right, left coaster step- step back left, step right beside left, step forward left

FORWARD RIGHT ROCK, REPLACE, ½ TURN SHUFFLE RIGHT-RIGHT, LEFT, RIGHT, LEFT JAZZ BOX

1-2-3&4 Forward right rock, replace weight to left, ½ turn shuffle right- stepping right, left right
5-6-7-8 Cross left over right, step back right, step left to left side, touch right next to left (no weight)

SYNCOPATED GRAPEVINE RIGHT, HOLD, RIGHT SIDE ROCK, RIGHT SAILOR

1-2&3-4 Step right to right side, step left behind right, step right to right side, cross left in front of right, hold (clap)
5-6-7&8 Rock right to right side, replace weight to left, cross right behind left, step left to left side, step right in place

SYNCOPATED GRAPEVINE LEFT, HOLD, LEFT SIDE ROCK, LEFT SAILOR-TURNING ¼ RIGHT

1-2&3-4 Step left to left side, step right behind left, step left to left side, cross right in front of left, hold (clap)
5-6-7&8 Rock left to left side, replace weight to right, cross left behind right, turn ¼ right stepping right to right side, step left in place

MODIFIED JAZZ BOXES TWICE

1-2&3-4 Cross right over left, step back left, step right to right side, step forward left, hold (optional finger clicks)
5-6&7-8 Cross right over left, step back left, step right to right side, step forward left, hold (optional finger clicks)

FORWARD RIGHT ROCK, REPLACE, ½ TURN SHUFFLE RIGHT-RIGHT, LEFT, RIGHT, STEP LEFT ½ PIVOT TURN, LEFT FLICK, POINT RIGHT

1-2-3&4 Forward right rock, replace weight to left, ½ turn shuffle right- stepping right, left right
5-6-7&8 Step forward left, ½ pivot turn right, flick left foot forward, step left beside right, point right foot to right side (no weight)

REPEAT

I have written and dedicated this dance to my mum, who sadly passed away in October 2004, after a year long battle to Cancer. She was a very keen Line-Dancer, and always supported me in everything I did