

Paint The Town

COPPER KNOB
STEPPSHEETS

拍數: 34 牆數: 2 級數:
編舞者: Rick Bates (USA) & Deborah Bates (USA)
音樂: Someday - Steve Azar



HIP SWAYS, STEP BACK, HOLD

- 1 Step forward and diagonally right on right foot and sway hips forward
- 2 Sway hips back, shifting weight to left foot
- 3 Step right foot next to left
- 4 Hold
- 5 Step forward and diagonally left on left foot and sway hips forward
- 6 Sway hips back, shifting weight to right foot
- 7 Step left foot next to right
- 8 Hold

MONTEREY TURN, SHUFFLE BACK, PIVOT, FORWARD SHUFFLE

- 9-10 Touch right toe to the right; pivot $\frac{1}{2}$ turn to the right and step right foot next to left (shift weight to right foot)
- 11-12 Touch left toe to the left; step left foot next to right (shift weight to left foot)
- 13&14 Shuffle backward (right, left, right)
- & Pivot $\frac{1}{2}$ turn to the left on ball of right foot
- 15&16 Shuffle forward (left, right, left)

FORWARD WALK, KICK, TO THE LEFT ROLLING TURN

- 17-18 Walk forward on right foot; walk forward on left foot
- 19-20 Walk forward on right foot; kick left foot forward
- & Pivot $\frac{1}{2}$ turn on ball of right foot
- 21 Step forward on left foot and begin a $\frac{3}{4}$ turn to the left traveling to the left
- 22 Step on right foot and continue $\frac{3}{4}$ to the left traveling turn
- 23 Step on left foot and complete $\frac{3}{4}$ to the left traveling turn
- 24 Step right foot next to left

On counts 25 - 28 place weight on balls of both feet, while traveling backwards, end count 28 with weight on left foot

BACKWARD SLIDE STEPS WITH BODY TWIST

- 25 With weight on ball of left foot, twist body to the left and slide back on ball of right foot
- 26 With weight on ball of right foot, twist body to the right and slide back on ball of left foot
- 27 With weight on ball of left foot, twist body to the left and slide back on ball of right foot
- 28 With weight on ball of right foot, twist body to the right and slide back on ball of left foot (end with weight on left foot)

PIVOT, FORWARD SHUFFLE, ROCK STEP, PIVOT, FORWARD SHUFFLE

- & Pivot $\frac{1}{4}$ turn on ball of left foot
- 29&30 Shuffle forward (right, left, right)
- 31-32 Step forward on left heel; rock step back onto right foot
- & Pivot $\frac{1}{2}$ turn to the left on ball of right foot
- 33&34 Shuffle forward (left, right, left)

REPEAT