Paradise Cha Cha



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Cherryl Tonner (UK) 音樂: Paradise - Kaci



Start the dance when the music kicks in. She sings "When I'm with you its paradise". Take step 1 on the "dise" of "paradise"

SIDE, LEFT CROSS ROCK, CHASSE LEFT, KICK, STEP, LEFT COASTER STEP

1-3 Step right foot to right side, cross-rock left foot over right	nt_rock weight back onto right foc	ıt
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4&5 Step left foot to left side, step right foot towards left, step left foot to left side

6-7 Small kick right foot diagonally right, step right foot behind left 8&1 Step left foot back, step right foot beside left, step left foot forward

STEP-TOUCH, BACK-TOUCH, STEP-LOCK-STEP, ROCK STEP, BACK-LOCK-BACK

2&	Step right foot forward (directly in front of left), touch left toe behind heel of right foot
3&	Back left foot directly back, cross-touch right toe back & across outside of left foot

4&5 Step right foot forward, lock left foot behind right, step right foot forward

6-7 Rock left foot forward, rock weight back onto right foot

8&1 Step left foot back, lock right foot over left, step left foot back

For ease of dancing, let hips turn slightly left during steps 2-5 of this section while keeping upper body facing forward

1/4 TURN RIGHT, RIGHT SIDE ROCK, BEHIND-&-CROSS, HIP SWAYS RIGHT LEFT RIGHT, 1/4 TURN RIGHT

2	On ball of left foot make ¼ turn right stepping right foot to right side
3	Recover weight onto left foot (sway rather than rock)
4&5	Step right foot behind left, step left foot to left side, cross-step right foot over left
6-7	Step left foot to left side swaying body left, sway weight onto right foot

8-1 Sway weight onto left foot, sway onto right making ½ turn right (weight on right foot)

LATIN WALK FORWARD, STEP-LOCK-STEP, ROCK STEP, SHUFFLE 34 TURN RIGHT

2-3	Step left foot forward	(crossing slightly in	i front of right), step right foot	t forward (crossing
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slightly in front of left)

Step left foot forward, lock right foot behind left, step left foot forward 6-7 Rock forward onto right foot, recover weight back onto left foot

8 Step right foot ¼ turn right

& On ball of right turn ½ turn right stepping left foot beside right

Count 1 of the dance will complete the 3/4 turn shuffle right

REPEAT