Patri-Cha



拍數: 0 牆數: 4 級數: Intermediate

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Sequence: AAA, B, AAA B

PART A

SIDE STEP, ROCK, ROCK, SIDE SHUFFLE, ROCK, ROCK, SIDE SHUFFLE 1/4 TURN

1-2 Step to left with left foot, rock back on right foot

3-4& Rock forward on left foot, step right side on left foot, step left foot next to right foot,

5-6 Step to right side with right foot, rock forward on left foot

7 Rock back onto right foot

Step left foot to left side, step right foot next to left foot, making ¼ turn left, step forward with

left foot

ROCK, ROCK, SHUFFLE HALF TURN TO RIGHT, STEP 3/4 TURN, TOUCH

2-3 Rock forward on right foot, rock back onto left foot 4&5 Make a shuffle ½ turn to the right on right left right

6-7 Step forward on left foot making a ½ pivot to the right, step forward on right foot making a

further ¼ turn to right

8 Touch left foot next to right foot,

ROCK, ROCK, CROSS SHUFFLE ROCK, ROCK, 1/4 LEFT SAILOR TURN

1 Rock left foot to left side2 Rock right foot to right side

3&4 Cross left foot over right, bring right foot to left, cross left foot over right

5-6 Rock right foot to right side, rock left foot to left side

7&8 Cross right foot behind left foot, making a ¼ turn to the left, step forward onto left foot, step

forward onto right foot,

CROSS BACK, SIDE SYNCOPATED CHASSES, SIDE TOUCH, ROCK AND CROSS

1-2 Cross left foot over right foot, step back onto right foot

3&4& Step to left on left foot, bring right foot to left foot, step to left with left foot, bring right foot to

lef

5-6 Step to left with left foot, touch right foot next to left

7&8 Rock right foot to right side, rock to left side onto left foot, cross right foot over left

PART B

LEFT SIDE SHUFFLE, ROCK BACK, ROCK FORWARD, SIDE SHUFFLE, ROCK BACK, ROCK FORWARD

1&2 Step to left with left foot, bring right foot next to left, step to left foot

3-4 Rock back on right foot, rock forward on left foot

5&6 Step to right with right foot, ring left foot next to right foot, step to right with right foot

7&8 Rock back on left foot, rock forward onto right foot

TURN, TURN, CROSS SHUFFLE, ROCK, ROCK, CROSS SHUFFLE

1-2 Making ¼ turn to right, step back onto left foot, making ¼ turn to right step to side on right

foot

3&4 Step left foot over right, bring right foot behind left, cross left foot over right foot

5-6 Rock to the right with right foot, rock left onto left foot

7&8 Cross right foot over left, bring left foot behind right foot, cross right foot over left foot

TURN. TURN	. CROSS SHUFFLE.	ROCK ROCK	CROSS SHUFFLE	

1-2	Making $\frac{1}{4}$ turn to right, step back onto left foot, making $\frac{1}{4}$ turn to right step to side on right foot
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3&4 Step left foot over right, bring right foot behind left, cross left foot over right foot

5-6 Rock to the right with right foot, rock left onto left foot

7&8 Cross right foot over left, bring left foot behind right foot, cross right foot over left foot

2 X PADDLE 1/4 TURNS, CROSS, TOUCH, CROSS, TOUCH

1-2	Step forward onto left foot making 1/4 turn to left, step onto right foot
3-4	Step forward onto left foot making 1/4 turn to left, step onto right foot
5-6	Cross left foot over right foot, touch right foot to right side
7-8	Cross right foot over left foot, touch left foot to left side

CROSS, BACK, SHUFFLE 1/2 TURN X 3

1-2	Cross left	over right,	step	back	on right

3&4 Making ¼ turn to left, step right to left side, bring right foot to left foot, making ¼ turn to left

step forward onto left foot

5&6 Making ¼ turn to left step right foot to right side, bring left foot to right foot, step back onto

right foot

7&8 Making ¼ turn to left, step left to left side, bring right foot to left foot, making ¼ turn to left

step forward onto left foot

5&6 & 7&8 can be replaced with right shuffle, left shuffle

CROSS, BACK, 1/4 SIDE SHUFFLE, 2 X 1/4 TURN, STEP

1-2	Cross right foot over	left foot, ster	o back on left foot

3&4 Making ¼ turn to right step to side on right foot, bring left foot to right, step right foot to right

side

5-6 Cross left foot over right foot, making ¼ turn to left step back on right foot 7-8 Making ¼ turn to left, step left onto left foot, step right foot next to left

ROCK, ROCK, COASTER STEP, STEP 1/4 TURN, SAILOR TURN

1-2 R	ock torward onto I	ett toot rock	back onto right foot

3&4 Step back onto left foot, bring right foot next to left foot, step forward onto left foot

5-6 Step forward onto right foot, making ¼ turn to left, step left to left side

7&8 Step right foot behind left foot, step to left side left foot, making ¼ turn to left, step forward

onto right foot

CROSS BACK, SIDE SYNCOPATED CHASSES, SIDE TOUCH, ROCK AND CROSS

1-2 Cross left foot over right foot, step back onto right foot

3&4& Step to left on left foot, bring right foot to left foot, step to left with left foot, bring right foot to

left

5-6 Step to left with left foot, touch right foot next to left

7&8 Rock right foot to right side, rock to left side onto left foot, cross right foot over left