PD 2 Night (P)

拍數: 32

級數: Partner

編舞者: Jeff Mills (UK) & Thelma Mills (UK)

音樂: A Woman's Love - Alan Jackson

Position: Double Open Hand Position

MAN'S STEPS

BASIC NIGHT CLUB 2 PATTERN

Step left to left side, step right next to left, step & cross left over right 1-2& 3-4& Step right to right side, step left next to right, step & cross right over left

BASIC NIGHT CLUB 2 PATTERN

1-2& Step left to left side, step right next to left, step & cross left over right Raise man's left and lady's right hands, release man's right and lady's left hands, lady turns under raised arms

3-4& Step right to right side, step left next to right, step & cross right over left Rejoin into double open hand position

FULL TURN LEFT, BASIC WITH BACK ROCK

1-2& Step left to left side 1/4 turn left, step right in front of left, & pivot 3/4 turn left

Man to complete hand change behind his back at waist height

3-4& Step right to right side, rock back onto left, recover onto right

Finish pattern with man holding lady's right hand with his left for the rock back

CHANGE PLACES ½ TURN RIGHT, BACK BREAK

1-2& Step forward left ¼ turn right, step right to right side ¼ turn right, step left next to right

Raise man left, lady's right hand, lady turns under raised arms

3-4& Step right to right side, step left behind right, recover onto right

Finish pattern going into promenade position

CROSS BODY LEAD CHANGING PLACES ¼ TURN LEFT OPEN BREAK

1-2& Step forward left between lady's legs 1/4 turn left, step forward right, step forward left Release closed position, raise man left, lady's right hand with turning under raised arms 3-4& Step forward right, step & rock forward onto left, recover back onto right Finish pattern going into left open promenade position

OPEN BREAKS TWICE

1-2& Make 1/2 turn left stepping forward left, step & rock forward onto right, recover onto left Change hands going into right open promenade position

Make 1/2 turn right stepping forward right, step & rock forward onto left, recover onto right 3-4& Change hands going into left open promenade position

1 ¼ TURN LEFT, BASIC WITH BACK ROCK

1-2& Make 1/2 turn left stepping forward left, step right in front of left, pivot 3/4 turn left Change hands and then release

3-4& Step right to right side, rock back onto left, recover onto right

Finish pattern with man holding lady's right hand with his left for the rock back

CHANGE PLACES 1/2 TURN RIGHT, BASIC PATTERN

1-2& Step forward left ¼ turn right, step right to right side ¼ turn right, step left next to right Raise man left, lady's right hand with turning under raised arms

3-4& Step right to right side, step left next to right, step & cross right over left





牆數: 0

Finish pattern and return into double open hand position

REPEAT

LADY'S STEPS

BASIC NIGHT CLUB 2 PATTERN

1-2& Step right to right side, step left next to right, step & cross right over left3-4& Step left to left side, step right next to left, step & cross left over right

FULL TURN RIGHT, BASIC NIGHT CLUB 2 PATTERN

1-2& Step right to right side ¼ turn right, step left in front right, pivot ¾ turn right Raise man's left and lady's right hands, release man's right and lady's left hands, lady turns under raised arms

3-4& Step left to left side, step right next to left, step & cross left over right **Rejoin into double open hand position**

BASIC NIGHT CLUB 2 PATTERN WITH BACK ROCK

1-2& Step right to right side, step left next to right, step right across left Man to complete hand change behind his back at waist height

3-4& Step left to left side, rock back onto right, recover onto left

Finish pattern with man holding lady's right hand with his left for the rock back

CHANGE PLACES ½ TURN LEFT, BACK BREAK

1-2& Step forward right ¼ turn left, step left to left side ¼ turn left, step right next to left **Raise man left, lady's right hand, lady turns under raised arms**

3-4& Step left to left side, step right next to left, recover onto left

Finish pattern going into promenade position

BODY LEAD CHANGING PLACES 1 & ¾ TURNS LEFT, OPEN BREAK

1-2& Step forward right ¼ turn left, pivot ½ turn left stepping forward onto left, pivot ½ turn left stepping back onto right

Release closed position, raise man left, lady's right hand with turning under raised arms

3-4& Pivot ½ turn left stepping forward onto left, step & rock forward onto right, recover back onto left

Finish pattern going into left open promenade position

OPEN BREAKS TWICE

1-2& Make ½ turn right stepping forward right, step & rock forward onto left, recover onto right Change hands going into right open promenade position

3-4& Make ½ turn left stepping forward left, step & rock forward onto right, recover onto left Change hands going into left open promenade position

1 ¼ TURN RIGHT. BASIC WITH BACK ROCK

1-2& Make ½ turn right stepping forward right, step left in front right, pivot ¾ turn right **Change hands and then release**

3-4& Step left to left side, rock back onto right, recover onto left

Finish pattern with man holding lady's right hand with his left for the rock back

CHANGE PLACES 1/2 TURN LEFT, BASIC PATTERN

1-2& Step forward right ¼ turn left, step left to left side ¼ turn left, step right next to left Raise man left, lady's right hand with turning under raised arms

3-4& Step left to left side, step right next to left, step & cross left over right

Finish pattern and return into double open hand position

REPEAT