

Pepper Shaker

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner straight rhythm
編舞者: Pepper Siquieros (USA)
音樂: Twist and Shout - Salt-N-Pepa



RIGHT TOUCH OUT-IN-OUT-IN, STEP SIDE-TOGETHER-SIDE, HITCH ¼ TURN

- 1-2 Touch right toe to right side, touch right toe next to left foot
3-4 Touch right toe to right side, touch right toe next to left foot
Styling: add some hip action - push right hip out to right each time you touch to the side
5-6-7 Step to right side- right, left, right
8 Hitch left knee up and make ¼ turn right (weight on right, facing 3:00)

LEFT TOUCH OUT-IN-OUT-IN, STEP SIDE-TOGETHER-SIDE, HITCH ¼ TURN

- 1-2 Touch left toe to left side, touch left toe next to right foot
3-4 Touch left toe to left side, touch left toe next to right foot
Styling: add some hip action - push left hip out to left each time you touch to the side
5-6-7 Step to left side- left, right, left
8 Hitch right knee up and make ¼ turn left (weight on left, facing 12:00)

PADDLE TURN: STEP, ¼ TURN, STEP, ¼ TURN; FORWARD RIGHT-LEFT-RIGHT, SCUFF

- 1-2 Small step forward on right toe, push into a ¼ turn pivot left putting weight onto left (facing 9:00)
3-4 Small step forward on right toe, push into a ¼ turn pivot left putting weight onto left (facing 6:00)
5-6-7 Lock step (or walk) forward right, left, right
8 Scuff left forward)

ROCKS FORWARD-BACK-BACK-FORWARD, STEP LEFT, SWIVEL-SWIVEL-SWIVEL ¼ TURN

- 1-2 Rock forward on left, recover on right
3-4 Rock back on left, recover on right
5 Step forward on left
6-7-8 Swivel heels left-right-left into ¼ turn right (facing 9:00 with weight on left foot)

REPEAT