

Picture Of You

拍數: 64 牆數: 2 級數: Intermediate
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音樂: Picture of You - Boyzone



RIGHT SAMBA, LEFT SAILOR, CROSS BEHIND, $\frac{3}{4}$, SHUFFLE

1&2 Cross right over left, step left to left, rock weight center onto right
3&4 Cross left behind right, step right to right, step left to center
5-6-7&8 Touch right toe behind left, turn $\frac{3}{4}$ turn right, shuffle forward left stepping left, right, left

CROSS, STEP BACK, $\frac{1}{4}$ SHUFFLE, ROCK FORWARD, ROCK BACK, $\frac{1}{2}$ SHUFFLE

1-2-3&4 Cross right over left, step back on left, step right to right turning $\frac{1}{4}$ turn right, step left beside right, step right to right
5-6-7&8 Rock forward left, rock back on right, turn $\frac{1}{2}$ turn left & shuffle forward left, right, left

CROSS KICK BALL CHANGE, HIPS LEFT-RIGHT-LEFT, RIGHT KICK BALL CHANGE, STEP FORWARD RIGHT, PIVOT $\frac{1}{4}$ LEFT

1&2 Kick right over left, ball change bringing feet slightly apart stepping right, left
3&4 Sway hips left, right, left
5&6 Right kick ball change - kick right forward, step right beside left, step left beside right
7-8 Step forward right, pivot $\frac{1}{4}$ turn left

RIGHT KICK BALL CHANGE, STEP FORWARD, $\frac{1}{2}$ PIVOT, STEP FORWARD, TAP, & HEEL, BALL STEP

1&2-3-4 Right kick ball change - kick right forward, step right beside left, step left beside right, step forward right, pivot $\frac{1}{2}$ turn left
5-6&7&8 Step forward right, tap left beside right, jump back on left touching right heel forward, jump right to center pushing forward onto left foot

ROCK FORWARD, ROCK BACK, LOCK SHUFFLE BACK, HALF SHUFFLE, FULL TURN

1-2-3&4 Rock forward right, rock back on left, lock shuffle back on right 45 degrees right stepping right, left, right
5&6-7-8 Turning $\frac{1}{2}$ turn left shuffle forward left stepping left, right, left, turn full turn left traveling forward stepping on right then left

ROCK FORWARD, ROCK BACK, BALL CROSS & HEEL, BALL CROSS & HEEL, BALL CROSS $\frac{1}{4}$ HEEL

1-2 Rock forward right, rock back on left
&3&4 Step back on right 45 degrees right, cross left over right, step back on right 45 degrees right, touch left heel forward 45 degrees left
&5&6 Step back on left 45 degrees left, cross right over left, step back on left 45 degrees left, touch right heel forward 45 degrees right
&7&8 Step back on right 45 degrees right, cross left over right, step back on right $\frac{1}{4}$ turn left, touch left heel forward

CENTER, POINT, HALF MONTERAY, SIDE, CENTER CROSS, POINT, HALF MONTEREY SIDE CENTER, CROSS

&1-2 Step left to center, touch right toe to right side, turn $\frac{1}{2}$ turn right stepping right beside left
3&4 Step left to left side, rock weight center on right, cross left foot over right
5-6 Touch right toe to right side, turn $\frac{1}{2}$ turn right stepping right beside left
7&8 Step left to left side, rock weight center on right, cross left foot over right

SKATE RIGHT $\frac{1}{4}$ RIGHT, SKATE LEFT $\frac{1}{2}$ LEFT, SHUFFLE FORWARD RIGHT, SKATE $\frac{1}{4}$ LEFT, SKATE $\frac{1}{2}$ RIGHT, SKATE $\frac{1}{2}$ LEFT, SHUFFLE FORWARD

- 1-2 On ball of left foot turn $\frac{1}{4}$ turn right (step down on right foot), on ball of right turn $\frac{1}{2}$ turn left (step down on left foot)
- 3&4 Shuffle forward right stepping right, left, right
- 5-6& On ball of right foot turn $\frac{1}{4}$ turn left (step down on left foot), on ball of left foot turn $\frac{1}{2}$ turn right (step down on right), on ball of right foot turn $\frac{1}{2}$ turn left (slightly hitching left)
- 7&8 Shuffle forward left, right, left

REPEAT

TAG

At the end of wall 4 when using the Boyzone track only:

- 1-4 Sway hips right, left, right, left
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