PJ Party



拍數: 32 編數: 2 級數: Beginner line/contra dance

編舞者: Ember Schira (CAN), Bridget MacCallum & Susan Clark (CAN)

音樂: Having A Party - Rod Stewart



CWDI 1st Place New Choreography Winner - Vancouver Vibrations 2002

"HAVING A PARTY" STEP, RECOVER, STEP, RECOVER, TRIPLE IN PLACE, HEEL AND TOE

1-2	Step right foot forward on a 45-degree angle left (11:00), recover weight onto left
3-4	Step right foot forward on a 45-degree angle left (11:00), recover weight onto left

5&6 Step right beside left, step left in place, step right in place

7-8 Touch left heel forward, touch left toe back (even with right heel)

On counts 1-4 when doing the dance in contra place palms together at shoulder height with the person facing you on your left

"SWINGING" SHUFFLE FORWARD, ¼ TURN ROCK, RECOVER, ROCK, RECOVER, CROSS AND CROSS

1&2	Step forward on left, step right next to left, step forward on left
3-4	1/4 turn left (9:00) on the ball of the left foot, rock the right to right side, recover weight left
5-6	Rock right to right side, recover weight left
7&8	Cross right over left, step left to left side, cross right over left

"DANCING" ROCK, RECOVER, CROSS AND HOLD (CLAP), 1/4 TURN MONTEREY

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1-2	Rock left to left side, recover weight on right
3-4	Cross left over right, hold (optional: clap on count 4)
5-6	Point right to side, turn 1/4 right on ball of left stepping right together (12:00)
7-8	Point left to side, step left together

"WITH YOUR BABY" ROCK, RECOVER, COASTER STEP, SHUFFLE FORWARD, STEP ½ PIVOT

1-2	Rock right forward, recover weight on left
3&4	Step right back, step left back next to right, step right forward
5&6	Step forward on left, step right next to left, step forward on left
7-8	Step right forward, pivot ½ turn left taking weight onto left (6:00)

On counts 1-2 when doing the dance in contra place palms together at shoulder height with the two people facing you, i.e. Your left hand with the person facing you on your right hand with the person facing you on your right

On counts 5&6 high five hands at shoulder height with the two people facing you when the two lines pass through each other on the forward shuffle

REPEAT