

A Place To Run

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Improver
編舞者: Robbie McGowan Hickie (UK)
音樂: Places to Run - Jake Owen



DIAGONAL STEP BACK RIGHT, BACK ROCK, CHASSE LEFT, BACK ROCK, STEP, PIVOT FULL TURN LEFT

- 1 Long step right to right side and diagonally back - allowing left to drag towards right
2-3 Rock back on left, rock forward on right, (facing 12:00)
4& Step left to left side, close right beside left
5 Long step left to left side - allowing right to drag towards left
6-7 Rock back on right, rock forward on left
8&1 Step forward on right, pivot ½ turn left, turn ½ turn left stepping back on right
Option: on counts 8&1 above, rock forward on right, rock back on left, step back on right

DIAGONAL ROCK BACK, LEFT LOCK STEP FORWARD, SIDE ROCK ¼ TURN LEFT, STEP, PIVOT ½ TURN RIGHT, STEP

- 2-3 Rock back on left - turning body out to face left diagonal, recover weight on right - straightening up
4&5 Step forward on left, lock step right behind left, step forward on left
6&7 Rock right out to right side, recover weight on left turning ¼ turn left, step forward on right
8&1 Step forward on left, pivot ½ turn right, step forward on left, (facing 3:00)

FULL TURN LEFT (TRAVELING FORWARD), RIGHT MAMBO FORWARD, LEFT LOCK STEP BACK, BEHIND, SIDE, CROSS

- 2-3 Turn ½ turn left stepping back on right, turn ½ turn left stepping forward on left
4&5 Rock forward on right, rock back on left, step right beside left
6&7 Step back on left, lock right across left, step back on left
8&1 Sweep right out and behind left, step left to left side, cross step right over left, (facing 3:00)
Option: on counts 2-3 above, walk forward on right, walk forward on left

HIP SWAYS, LEFT CROSS SHUFFLE, 2 X ¼ TURNS LEFT, RIGHT CROSS ROCK

- 2-3 Step left to left side swaying hips left, recover weight on right swaying hips right
4&5 Cross step left over right, step right to right side, cross step left over right, (small steps)
6-7 Turn ¼ turn left stepping back on right, turn ¼ turn left stepping forward on left
8& Cross rock right over left, rock back on left, (facing 9:00)

REPEAT
