

Playin' It Cool

拍數: 32 牆數: 4 級數:
編舞者: Peter Metelnick (UK)
音樂: Summertime Girls - Crawford/West



FORWARD & BACK COASTER STEPS, RIGHT FORWARD, PIVOT ½ LEFT, RIGHT FORWARD, ¼ LEFT & STEPS TOGETHER

1&2 Step right foot forward, step left foot together, step right foot back
3&4 Step left foot back, step right foot together, step left foot forward
5-6 Step right foot forward, pivot ½ left (weight ends on left foot)
7 Step right foot forward pivoting ¼ left on left foot & ending with weight shifting to right foot
&8 Step left foot in place, step right foot together

FORWARD & BACK COASTER STEPS, LEFT FORWARD, PIVOT ½ RIGHT, LEFT FORWARD, ¼ RIGHT & STEPS TOGETHER

1&2 Step left foot forward, step right foot together, step left foot back
3&4 Step right foot back, step left foot together, step right foot forward
5-6 Step left foot forward, pivot ½ right (weight ends on right foot)
7 Step left foot forward pivoting ¼ right on right foot & ending with weight shifting to left foot
&8 Step right foot in place, step left foot together

SCISSORS RIGHT & LEFT, RIGHT BOX

1&2 Step right foot to right side, step left foot together, cross right foot over left and step
3&4 Step left foot to left side, step right foot together, cross left foot over right and step

Option:

&1&2: Step right foot back on a right diagonal, touch left heel forward, step left foot back (parallel to right foot), cross right foot over left and step
&3&4: Step left foot back on a left diagonal, touch right heel forward, step right foot back (parallel to left foot), cross left foot over right and step

5&6 Step right foot to right side, step left foot together, step right foot back
7&8 Step left foot to left side, step right foot together, step left foot forward

CROSS ROCK & STEP TOGETHER 3X WITH ¼ RIGHT TURN, ROCK FORWARD, STEP TOGETHER

1&2 Cross right foot over left and rock forward, recover weight on left foot, step right foot together
3&4 Cross left foot over right and rock forward, recover weight on right foot, step left foot together
5&6 Cross right foot over left and rock forward, recover weight on left foot, step right foot slightly right turning ¼ right
7&8 Step left foot forward and rock, recover weight on right foot, step left foot together

Option:

7&8: Full turn right: step left foot slightly forward turning ½ right, step right foot slightly forward turning ½ right to complete the full turn, step left foot together

REPEAT
