

Please, Please Babe

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Improver
編舞者: Anita McNab (CAN)
音樂: Please Please Babe - Peer Gynt



Choreographed for the Norwegian Linedance Festival (Oct. 18-20, 2002). Thanks to Ranja B. Elvestrand for the music.

WALK FORWARD RIGHT, LEFT, RIGHT, SCUFF LEFT

1-4 Walk forward on right, forward left, forward right, scuff left beside right

STEP ON LEFT, SCUFF RIGHT BESIDE LEFT, STEP ON RIGHT SCUFF LEFT BESIDE RIGHT

5-8 Step on left, scuff right foot beside left, step on right, scuff left foot beside right

WALK BACK LEFT, RIGHT, LEFT SCUFF RIGHT BESIDE LEFT

9-12 Walk back on left, back right, back left, scuff right beside left

STEP ON RIGHT, SCUFF LEFT BESIDE RIGHT, STEP ON LEFT SCUFF RIGHT BESIDE LEFT

13-16 Step to right side on right, scuff left beside, step to left side on left, scuff right beside

RIGHT GRAPEVINE WITH TOUCH, (INT. DO ROLLING VINE), SIDE TOUCH OUT, IN, OUT, IN

17-20 Step side on right, cross left behind right, step side on right, touch left beside right

21-24 Touch left toe out to side, touch in, touch out to side, touch left beside right

LEFT GRAPEVINE WITH A ¼ TURN LEFT WITH SCUFF (INT. DO ROLLING VINE)

25-28 Step side on left, cross right behind, step side left ¼ to left, scuff right heel

RIGHT HEEL FORWARD, TOE IN, RIGHT HEEL OUT, TOUCH RIGHT TOE BESIDE LEFT

29-32 Right heel out on 45 degree angle, right toe in, right heel out, touch toe in beside left (let body turn with each heel out then turn back to face front on toe in)

SHUFFLE FORWARD ON RIGHT, ROCK STEP STRAIGHT FORWARD, RECOVER

33-36 Shuffle forward, right, left, right, rock left straight forward, recover back on right

SHUFFLE BACK ON LEFT, ROCK STEP STRAIGHT BACK, RECOVER

37-40 Shuffle back left, right, left, rock, rock right straight back, recover forward on left

RIGHT TOE IN, RIGHT HEEL OUT, RIGHT CROSS, HOLD/CLAP

41-44 Point right toe beside left, right heel forward, cross right slightly over left, hold/clap

LEFT TOE IN, LEFT HEEL OUT, LEFT CROSS, HOLD/CLAP

45-48 Point left toe beside right, left heel forward, cross left slightly over right, step weight on left

REPEAT

For Peer Gynt's music only we must do the 10 walls of the dance as follows:

48, 48, 48, 48, 48, 48, hold and count 4 beats, 48, 40 then start over, 48

At the end of the 7th wall (now facing right wall for second time) you will complete 48 counts then hold and count to 4 as he yells "whoa"! Then on the next wall (back to the front for your last time) you will do 40 steps (skip the last eight steps 45-48) and start dance over again. Then you dance the last 48. And the dance is over.