

Poor Boy Shuffle

COPPER KNOB
STEPPERS

拍數: 64 牆數: 4 級數:
編舞者: Vicki E. Rader (USA)
音樂: Poor Boy Shuffle - The Tractors



The song "Poor Boy Shuffle" has a very abrupt intro. Not much time for more than 2 counts (7,8) before the vocals begin. Also, the bridge can be omitted when dancing to other songs.)

ROCK-STEP, COASTER STEP, STEP-PIVOT ½, SHUFFLE

- 1-2 Rock forward on right foot; step back on left foot
- 3&4 Step back on right foot; step together with left foot; step forward on right foot
- 5-6 Step forward on left foot; pivot ½ right
- 7&8 Shuffle forward (left-right-left)

ROCK-STEP, COASTER STEP, STEP-PIVOT ½, SHUFFLE (REPEATING STEPS 1 THROUGH 8)

- 9-16 Repeat steps 1 through 8

ROCK RIGHT, ROCK LEFT, KICK TWICE, ROCK RIGHT, ROCK LEFT, KICK TWICE

- 17-18 Rock to right on right foot; rock to left on left foot
- 19-20 Kick right foot diagonally toward left twice
- 21-22 Rock to right on right foot; rock to left on left foot
- 23-24 Kick right foot diagonally toward left twice

VINE RIGHT, TOUCH LEFT, ROLLING VINE LEFT (FULL TURN), TOUCH RIGHT

- 25-26 Step right on right foot; step left foot behind right
- 27-28 Step right on right foot; touch left foot next to right
- 29-30 Step ¼ turn left on left foot; pivoting ¼ left on left foot, step right on right foot
- 31-32 Pivot ½ turn left on right foot; touch right foot next to left

JAZZ SQUARE WITH ¼ TURN RIGHT, JAZZ SQUARE IN PLACE

- 33-34 Step right foot across left; step back on left foot
- 35-36 Step ¼ turn right on right foot; step left foot next to right
- 37-38 Step right foot across left; step back on left foot
- 39-40 Step back on right foot; step left foot next to right

LONG STEP FORWARD, SLIDE FORWARD, HOLD, STEP BACK, SLIDE, STEP BACK, SLIDE

- 41-42 Step long forward on right foot; begin sliding left foot forward toward right
- 43-44 Complete slide on left foot; hold the count (keeping weight on right foot)
- 45-46 Step back on left foot; slide right foot back to left foot
- 47-48 Step back on left foot; slide right foot back to left foot (keeping weight on left foot)

LONG VINE, ROCK LEFT

- 49-50 Step right foot to right; step left foot behind right
- 51-52 Step right foot to right; step left foot across right
- 53-54 Step right foot to right; step left foot behind right
- 55-56 Step right foot to right; rock left on left foot

CROSSING TRIPLE (IN FRONT), SIDE-TOGETHER-SIDE, CROSSING TRIPLE (BEHIND), SIDE-TOGETHER-SIDE

- 57&58 Step right foot across left and step left foot to left; step right foot across left
- 59&60 Step left foot to left and step right foot next to left; step left foot to left
- 61&62 Step right foot behind left and step left foot to left; step right foot behind left

63&64

Step left foot to left and step right foot next to left; step left foot to left

REPEAT

16-COUNT BRIDGE

After the entire dance is repeated three times, there is an 80-count instrumental break. Repeat the entire dance once during the first 64 counts of the instrumental break and for the remaining 16 counts, add the following:

MONTEREY ¼ TURNS (4)

- | | |
|-------|--|
| 1-2 | Touch right toe to right; pivot ¼ right on left foot |
| 3-4 | Touch left toe to left; step together with left foot |
| 5-6 | Touch right toe to right; pivot ¼ right on left foot |
| 7-8 | Touch left toe to left; step together with left foot |
| 9-10 | Touch right toe to right; pivot ¼ right on left foot |
| 11-12 | Touch left toe to left; step together with left foot |
| 13-14 | Touch right toe to right; pivot ¼ right on left foot |
| 15-16 | Touch left toe to left; step together with left foot |

Then resume the dance
