Poor Boy Shuffle (P)

拍數: 64

級數: Partner

編舞者: Larry Carriger (USA) & Jody Carriger (USA)

音樂: Poor Boy Shuffle - The Tractors

Position: Closed Position. Ladies face inside of circle. Men face outside of circle. Man's footwork is described. Lady's is opposite

1-4 Step left with left foot, step right with right foot, step left next to right, hold 5-8 Step right with right foot, step left with left foot, step right next to left, hold 1-4 Step left, step right behind left, step left, step right behind left 5-8 Step left, touch right next to left, step right, touch left next to right Left, right, left shuffle, right, left, right shuffle, (both turning 1/2 to right, man is offering right 1&2-3&4 arm with lady's right arm draped through) 5&6-7-8 Left, right, left shuffle completing $\frac{1}{2}$ turn right, step forward right, pivot $\frac{1}{2}$ left (releasing arms) Right, left, right shuffle, left, right, left shuffle, (both turning $\frac{1}{2}$ to left, man offering left arm with 1&2-3&4 lady's left arm draped through) Right, left, right shuffle completing $\frac{1}{2}$ turn left, step forward left pivot $\frac{1}{2}$ right (releasing arms) 5&6-7-8 1-4 Step left, touch right beside left, step right, (1/4 turn left, facing LOD, man offering right arm with lady's left arm draped through) touch left next to right Step forward left, step forward right, step forward left, kick right forward 5-8 1-4 Step back right, touch left toe back, step forward left, kick right forward 5-8 Cross step right over left, step back with left, step forward right (1/4 turn right, facing outside LOD, releasing arms) touch left beside right 1-4 Sway hips left, hold, sway hips right, hold 5-8 Sway hips left, sway hips right, sway hips left, sway hips right 1&2-3&4 Left, right, left shuffle forward, right, left, right shuffle to the right (lady does a right, left, right shuffle forward, left, right, left cross shuffle to the right) 5&6-7&8 Left, right, left shuffle back, right, left, right shuffle in place (lady does a right, left, right shuffle back, left, right, left shuffle to left) returning to closed position REPEAT

TO DO AS A MIXER, SWITCH TO NEW PARTNER ON THE 4TH SET OF 8

- 1&2-3&4Right, left, right shuffle left, right, left shuffle (both man and lady turning ½ turn to right man
offering right arm with lady's right arm draped through)
- 5&6-7-8 Right, left, right shuffle completing ½ turn right, step forward left, pivot ½ right (releasing arms) now facing new partner





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牆數:0