

Pretty Fly

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Setsuko Motoki (JP)
音樂: Pretty Fly (For a White Guy) - The Offspring



STEP, HOLD, TOGETHER, STEP, HOLD, TOGETHER, TOUCH, RIGHT KNEE IN OUT

1-2 Step right foot to right side, hold, step left foot beside right
3-4 Step right foot to right side, hold, step left foot beside right
5-6 Touch right foot to right side, hold
&7&8 Right knee in, out, in, out

¼ TURN LEFT, HITCH, WALK, WALK, JUMP OUT, KICK BALL TOUCH

1-2 ¼ turn left stepping on left foot, hitch on right foot
3-4 Step forward on right foot, step forward on left foot
&5-6 Slightly jump ending with feet shoulder width apart, hold
7&8 Kick forward on right, foot, step right foot beside left, touch back on left foot

½ TURN LEFT, SCUFF, STEP, HEEL TWIST, STEP, SCUFF, STEP, HEEL TWIST

1&2 ½ turn left stepping on left foot, scuff on right foot, step diagonally forward on right foot
3&4& On balls of both feet, twist heels to right side, return heels center
5&6 Step forward on left foot, scuff on right foot, step diagonally forward on right foot
7&8& On balls of both feet, twist heels to right side, return heels center

HITCH, TOUCH, ¼ TURN RIGHT, ¼ TURN LEFT, BACK, TOUCH, KICK, ¼ TURN RIGHT, STEP, CROSS, KICK

1-2 Hitch right foot, touch back on right foot
3-4 ¼ turn right with both feet, ¼ turn left on both feet
&5-6 Step back on left foot, touch back on right foot, kick right foot with ¼ turn right on left foot
7&8 Step right foot beside left, step left foot across right, kick right foot to right

REPEAT
