Proud Of Texas



拍數: 64 牆數: 4 級數: Improver east coast swing

編舞者: Bianca Van Goethem

音樂: Pride of Texas - Mike Shannon



SHUFFLE RIGHT, ROCK BACK - 1/4 TURN RIGHT, SHUFFLE LEFT, ROCK BACK

1&2 Right step to right side, left close, right step to right side

3-4 Left rock behind, weight back on right

5&6 Turn ¼ right, left step to left side, right close, left step to left side

7-8 Right rock behind, weight back on left

VINE RIGHT, WITH TOUCH, VINE LEFT 1/4 TURN, SCUFF

1-4 Right step to right side, left cross behind right, right step to right side, left touch next to right

5-8 Left step to left side, right cross behind left, left step 1/4 left, right scuff

RIGHT JAZZ BOX WITH TOE STRUTS (4)

1-4 Right cross over left on toe, put down heel, left step back on toe, put heel down 5-8 Right step to right side on toe, put heel down, left step forward on toe, put heel down

STEP FORWARD, HOLD, ½ TURN LEFT (TWICE)

1-4 Step right forward, hold, turn ½ left, weight on left

5-8 Repeat 1-4

STROLL WITH SCUFF RIGHT & LEFT

1-4 Right step forward diagonally, left lock behind right, right step forward diagonally, left scuff

5-8 Repeat left

ROCK FORWARD, ½ TURN SHUFFLE TO RIGHT, ROCK FORWARD, ¾ TURN SHUFFLE TO LEFT

1-2 Right rock forward, weight back on left

Right step ¼ to right, left close, right step ¼ to right

5-6 Left rock forward, weight back on right

7&8 Left step ¼ to left, right close ¼ to left, left step ¼ to left

SIDESTEP, HOLD, ROCK BACK, (RIGHT & LEFT)

1-4 Step to right side, hold, left rock back, weight back on right

5-8 Repeat left

STEP FORWARD, HOLD, FULL TURN TO RIGHT, ROCK FORWARD, COASTER STEP

1-4 Step right forward, hold, step left forward, turn ½ right, step right back, turn ½ right

5-6 Left rock forward, weight back on right7&8 Step left back, right close, step left forward

REPEAT