Put Your Records On

拍數: 64   **牆數:** 4   **級數:** Improver
編舞者: Robert Quantrill (UK) & Sonia Sage (UK)
音樂: Put Your Records On - Corinne Bailey Rae

STEP, STEP, SHUFFLE, SHUFFLE ½ TURN, COASTER STEP

1-2	Step right forward, step left forward
3&4	Shuffle forward right, left, right
5&6	Shuffle forward with ½ turn right and step left, right, left
7&8	Coaster step right, left, right

STEP, STEP, SHUFFLE, SHUFFLE ½ TURN COASTER STEP

1-2	Step left forward, step right forward
3&4	Shuffle forward left, right, left
5&6	Shuffle forward with ½ turn left and step right, left, right
7&8	Coaster step left, right, left

ROCK OUT AND CROSS, ROCK OUT AND CROSS, STEP ½ TURN, STEP ¼ TURN

1&2	Rock right to side, recover to left, cross right over left
3&4	Rock left to side, recover to right, cross left over right
5-6	Step right forward, turn ½ left (weight to left)
7-8	Step right forward, turn ¼ left (weight to left)

RIGHT MAMBO, LEFT MAMBO, SWAY X 4

1&2	Rock right forward, recover to left, step right together
3&4	Rock left back, recover to right, step left together
5-6	Sway hips right, sway hips left
7-8	Sway hips right, sway hips left

FIGURE OF 8

1-2	Step right to side, cross left behind right
3-4	Turn ¼ right and step right forward, step left forward
5-6	Turn ½ right (weight to right), turn ¼ right and step left forward
7-8	Cross right behind left, step left to side

4 DOUBLE HIP BUMPS MOVING FORWARD

1&2	Step right forward, bump hips twice
3&4	Step left forward, bump hips twice
5-8	Repeat 1-4

¼ TURN JAZZ BOXES TWICE (TO THE RIGHT)

1-4	Cross right over left, step left back, turn ¼ right and step right to side, touch left together
5-8	Cross right over left, step left back, turn ¼ right and step right to side, touch left together

TOE STRUT, TOE STRUT, ROCKING CHAIR

1-2	Step right toe forward, step right in place
3-4	Step left toe forward, step left in place
5-6	Rock right forward, recover to left
7-8	Rock right back, recover to left

REPEAT

RESTART

On 2nd wall, instead of 4 hip bumps, replace the 3rd and 4th hip bumps with restart of dance. Beginning with step-step