

拍數: 40 牆數: 4 級數: Improver
編舞者: William Sevone (UK)
音樂: Baby Believe - Tish Hinojosa



ROCKS, STEP BEHIND, SWEEP, STEP BACK

- 1 Rock step forward onto right foot (left heel raised)
- 2 Rock back onto left foot (right toe raised)
- 3 Rock forward onto right foot (left heel raised)
- 4 Rock back onto left foot (right toe raised)

Styling note for counts 1-4: right arm across waistline, left arm by left side

- 5-8 Step right foot behind left, sweep left leg to side and back of right (2 counts), step right foot back next to left

Styling note for counts 5-8: right arm by right side, 6-7 left arm extended to follow left leg movements

ROCKS, STEP BEHIND, SWEEP, STEP BACK

- 9 Rock step forward onto left foot (right heel raised)
- 10 Rock back onto right foot (left toe raised)
- 11 Rock forward onto left foot (right heel raised)
- 12 Rock back onto right foot (left toe raised)

Styling note for counts 9-12: left arm across waistline, right arm by right side,

- 13-16 Step left foot behind right, sweep right leg to side and back of left (2 counts), step left foot back next to right

Styling note for counts 13-16: left arm by left side, 14-15 right arm extended to follow right leg movements

ROCKS, RIGHT GRAPEVINE WITH ¼ RIGHT

- 17-20 Rock onto right foot, rock onto left foot, rock right foot, rock onto left foot

Styling note for counts 17-20: swing hips into direction of rock to create a figure of 8 movement, arms follow hip movements

- 21-24 Step right foot to side, Step left foot behind right, Step right to side with ¼ turn right, Step forward onto left foot

Styling note for count 24: leaning forward bending at left knee and raising right heel, sweep left arm across left knee

STRAIGHTEN, ¼ LEFT SWEEP, STEP BACK, 1 AND A ½ TURNS RIGHT WITH ROCK

- 25-28 Straighten up-raising left leg, turn ¼ left on right foot - sweeping left leg to side and back of right (2 counts), step left foot behind right

Styling note for counts 25-27: left arm extended to follow left leg movements, right arm by right side

- 29 Stepping back onto right foot - turn ¼ right
- 30 Cross step left foot over right - turning ½ right
- 31 Step right foot behind left - turning ½ right
- 32 Cross rock left foot over right - turning ¼ right

ROCK, 1 ½ TURNS LEFT WITH ROCK, ROCK, ¼ RIGHT SWEEP, TOUCH

- 33 Rocking back onto right foot - turn ¼ left-stepping left foot to left side
- 34 Cross step right foot over left - turning ½ left
- 35 Step left foot behind right - turning ½ left
- 36 Cross rock right foot over left - turning ¼ left
- 37-40 Rock back onto left foot, turn ¼ right on left foot - sweeping right leg to side and back of left (2 counts), touch right toe back behind left

Styling note for counts 38-39: right arm extended to follow right leg movements, left arm by left side

REPEAT

TAG

At the end of the final (5th) wall

40 Step right back behind left foot

1-2-3-4 Stepping back onto left foot - turn $\frac{1}{4}$ left, touch right toe back - with left knee bent and body leaning forward, straighten up by stepping right foot next to left, hold, (you should now be facing the home wall)

Styling Notes

1 Both hands in front of and facing chest

2 Both arms extended outwards

3 Both arms moving to sides of body

4 Both arms at side of body
