

Quo Shuffle

拍數: 40 牆數: 2 級數:
編舞者: Michael John Sr.
音樂: Fun, Fun, Fun - Status Quo



SHUFFLES FORWARD, KICK BALL CHANGE

- 1&2 Forward shuffle left, right, left
- 3&4 Forward shuffle right, left, right
- 5&6 Forward shuffle left, right, left
- 7&8 Right kick ball change

STEP BACK AND HEEL TOUCHES

- 9& Step back slightly on right at angle of 45 degrees, touch left heel forward at 45 degrees
- 10& Step back slightly on left at angle of 45 degrees, touch right heel forward at 45 degrees
- 11& Step back slightly on right at angle of 45 degrees, touch left heel forward at 45 degrees
- 12& Step back slightly on left at angle of 45 degrees, touch right heel forward at 45 degrees

RIGHT VINE WITH ¼ TURN LEFT, STEPS BACK, STOMPS

- 13 Step right to right side
- 14 Cross left behind right
- 15 Step right to right side making ¼ turn left
- 16 Hitch left leg and click fingers
- 17 Step back on left
- 18 Step back on right
- 19 Stomp left forward
- 20 Stomp left forward

'QUO' SHOULDER PUSHES

- 21 With weight on left foot (which should still be forward) and hands on hips, bump right shoulder down and to the left
- 22 Bump right shoulder down and to the left
- 23 Bump left shoulder down and to the right
- 24 Bump left shoulder down and to the right
- 25 Bump right shoulder down and to the left
- 26 Bump left shoulder down and to the right
- 27 Bump right shoulder down and to the left
- 28 Bump left shoulder down and to the right

STEP SLIDE, STEP TURN, DOUBLE VINE RIGHT

- 29 Step forward on left
- 30 Slide right up to left
- 31 Step forward on left
- 32 Bring right up to left hitching right in the air and making ¼ turn left
- 33 Step right to right side
- 34 Cross left behind right
- 35 Step right to right side
- 36 Cross left in front of right
- 37 Step right to right side
- 38 Cross left behind right
- 39 Step right to right side
- 40 Touch left next to right

REPEAT

A firm favorite at my dance classes, especially when the dancers form a line when doing steps 21-28.

When facing the side wall, place your hands on the shoulders of the person in front of you and you push their shoulders for them. By doing this you make one big line. It looks great, it feels great and it makes for one big happy family; the way line dancing should be!
