

Racing Cowboy

COPPER KNOB
STEPPERS

拍數: 72 牆數: 2 級數: Advanced
編舞者: Dave Fournier & Kevin Montana
音樂: If the Good Die Young - Tracy Lawrence



KICK BALL-CHANGE (3 TIMES), KNEE ROLL, KNEE ROLL, HEEL DROP

This dance starts facing 45 degrees left of front-kicks will be angled

- 1 Kick right foot forward
- & Step ball of right foot next to left foot
- 2 Step left foot next to right foot
- 3 Kick right foot forward
- & Step ball of right foot next to left foot
- 4 Step left foot next to right foot
- 5 Kick right foot forward
- & Step ball of right foot next to left foot
- 6 Step left foot next to right foot
- 7 Lift right heel- roll right knee ¼ right
- & Lift left heel- roll left knee ¼ right
- 8 Bring both heels down

KICK BALL-CHANGE (3 TIMES), KNEE ROLL, KNEE ROLL, HEEL DROP

You are now facing 45 degrees to the right of start of dance.

- 1 Kick left foot forward
- & Step ball of left foot next to right foot
- 2 Step right foot next to left foot
- 3 Kick left foot forward
- & Step ball of left foot next to right foot
- 4 Step right foot next to left foot
- 5 Kick left foot forward
- & Step ball of left foot next to right foot
- 6 Step right foot next to left foot
- 7 Lift left heel- roll left knee ¼ left
- & Lift right heel- roll right knee ¼ left
- 8 Bring both heels down

HEEL, & CROSS (3 TIMES), JUMP, CROSS, UNWIND

You are now facing 45 degrees to the left of start of dance.

- & Jump back angling right on right foot
- 1 Touch left heel forward at 45 degree left
- & Step left foot to center
- 2 Cross step right foot over left foot
- & Jump back angling left on left foot
- 3 Touch right heel forward at 45 degree right
- & Step right foot to center
- 4 Cross step left foot over right foot
- & Jump back angling right on right foot
- 5 Touch left heel forward at 45 degree left
- & Step left foot to center
- 6 Cross step right foot over left foot
- 7 Jump landing with both feet spread apart
- 8 Jump-cross feet left over right

STEP FORWARD, ROCK BACK & CLAP, STEP BACK, ROCK FORWARD & CLAP

- 1 Step forward with left foot
- 2 Rock-step back right and clap
- 3 Step back with left foot
- 4 Rock-step forward right and clap

STEP FORWARD, ROCK BACK & CLAP, TRIPLE STEP WITH ½ TURN LEFT

- 5 Step forward with left foot
- 6 Rock-step back right and clap
- 7 Step back left starting a to the left ½ turn
- & Step right continuing the to the left ½ turn
- 8 Step left, finishing turn

2 SETS-STEP FORWARD, ROCK BACK & CLAP, STEP BACK, ROCK FORWARD & CLAP

You are now facing reverse start of dance.

- 1 Step forward with right foot
- 2 Rock-step back left and clap
- 3 Step back with right foot
- 4 Rock-step forward left and clap
- 5 Step forward with right foot
- 6 Rock-step back left and clap
- 7 Step back with right foot
- 8 Rock-step forward left and clap

TRIPLE STEP, STEP LEFT, ½ PIVOT, TRIPLE STEP, TRIPLE STEP, STOMP, STOMP

- 1 Step forward with right foot
- & Step forward with left-even with right
- 2 Step forward with right foot
- 3 Step forward with left foot
- 4 Pivot ½ turn to the right on ball of left foot
- 5 Step forward with left foot
- & Step forward with right-even with left
- 6 Step forward with left foot
- 7 Step forward with right foot
- & Step forward with left-even with right
- 8 Step forward with right foot
- 9 Stomp (down) with left foot
- 10 Stomp (down) with right foot

HEEL TAPS

You are now facing start of dance.

Bring heels off floor on the & before each of next 4 counts.

- 1-4 Bring heels down

JUMP, CROSS, JUMP, CROSS, JUMP, DRAG, STOMP

- 1 Jump, landing with both feet apart
- 2 Jump left, crossing right over left
- 3 Jump, landing with both feet apart
- 4 Jump left, crossing left over right
- 5 Jump, landing with both feet apart
- 6-7 Drag right foot to left on 2 counts
- 8 Stomp (up) with right foot new to left

TRIPLE STEP, STEP, ½ TURN, TRIPLE STEP, STOMP, STOMP

- 1 Step forward with right foot
- & Step forward with left-even with right
- 2 Step forward with right foot
- 3 Rock-step left forward
- 4 Rock-step back right and start a ½ turn to the right
- 5 Step forward with left foot
- & Step forward with right-even with left
- 6 Step forward with left foot
- 7 Step forward with right foot
- & Step forward with left-even with right
- 8 Step forward with right foot

At this point, you will be facing the opposite direction from the beginning of the dance.

REPEAT
