Ragtop Rhythm

拍數: 32

級數: Improver

編舞者: Lori Wong (USA)

音樂: Born In the Dark - Doug Stone

OUT-OUT, CLAP, LOOK RIGHT, CLAP, LOOK LEFT, CLAP, LOOK FORWARD, CLAP:

- &1-2 Right step to right; left step to left; clap and hold
- 3-4 Turn head and look to right; clap and hold
- 5-6 Turn head and look to left; clap and hold
- 7-8 Turn head and look straight ahead; clap and hold (shift weight to left foot)

RIGHT KICK-BALL-CHANGE, RIGHT CROSS, HOLD, UNWIND, HOLD, BUMP HIPS RIGHT TWICE:

- 9&10 Right kick forward; right step on ball of foot; change weight and step left next to right
- 11-12 Right cross step over left; hold and snap fingers
- 13-14 Unwind turning on balls of feet 1/2 turn to the left; hold and snap fingers
- 15-16 Shift weight to right and bump hips to right twice

LEFT GRAPEVINE WITH 1/4 TURN TO LEFT, SWIVEL HEELS: RIGHT, LEFT, RIGHT, CENTER:

- 17-20 Left step to left; right step behind left; left step ¼ turn to left; right stomp next to left
- 21-24 Swivel heels to right; swivel heels left; swivel heels right; swivel heels to center (weight is on left)

RIGHT VINE WITH A LEFT BRUSH, LEFT SYNCOPATED VINE WITH DOUBLE STOMP:

- 25-28 Right step to right; left step behind right; right step to right; left brush next to right
- 29-30 Left step to left; right step behind left
- &31-32 Left step to left; right stomp up; right stomp up (weight remains on left)

REPEAT





牆數: 4