Railway Stations



拍數: 32 牆數: 2 級數: Intermediate

編舞者: Violet Ray (USA)

音樂: Railway Stations - CECILIO & Kapono



Begin the dance on the word "stations"

FORWARD, TOGETHER, ROCK, ROCK, FORWARD, TOGETHER, ROCK, ROCK, BACK, 1/4 TURN LEFT, **CROSS**

| 1& | Step right foot forward, step left foot next to right foot |
|-----|--------------------------------------------------------------------------------------------|
| 2-3 | Step (rock) forward on right foot, rock back on left foot |
| 4& | Step right foot forward, step left foot next to right foot |
| 5-6 | Step (rock) forward on right foot, rock back on left foot |
| 7&8 | Step right foot back, turn 1/4 left stepping on left foot, cross right foot over left foot |

SYNCOPATED WEAVE, SIDE, CROSS, BACK COASTER CROSS

| 1&2& | Step left foot to left side, cross right foot behind left foot, step left foot to left side, cross right foot over left foot |
|------|------------------------------------------------------------------------------------------------------------------------------|
| 3&4 | Step left foot to left side, cross right foot behind left foot, step left foot to left side |
| 5-6 | Step right foot to right side, cross left foot over right foot |
| 7&8 | Step right foot back, step left foot next to right foot, step right foot across left foot |

| SIDE, CROSS, BACK, ¼ TURN RIGHT, FORWARD, PONY FORWARD, JAZZ WALK FORWARD (2X) | | |
|--------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
| 1-2 | Step left foot to left side, cross right foot over left foot | |
| 3&4 | Step left foot back, turn 1/4 right stepping on right foot, step left foot forward | |
| 5&6 | Step ball of right foot forward, step left foot next to right foot (stay on the ball of your right foot), step right foot forward | |
| 7-8 | Step left foot forward diagonally left while pushing left hip to left side, step right foot forward diagonally right while pushing right hip to right side | |

TAP, KICK, BACK, TOGETHER, TAP, KICK, BACK, TOGETHER, CROSS, UNWIND

| 1-2 | Tap ball of left foot next to right foot, kick left foot forward |
|-----|-----------------------------------------------------------------------------------|
| 3& | Step ball of left foot back, step right foot next to left foot |
| 4-5 | Tap ball of left foot next to right foot, kick left foot forward |
| 6& | Step ball of left foot back, step right foot next to left foot |
| 7-8 | Cross left foot behind right foot, unwind 1/2 left ending with weight on left foo |

ot

REPEAT