

Rain

拍數: 48 牆數: 0 級數:
編舞者: Max Perry (USA)
音樂: Take the Rain Away - Debelah Morgan



SIDE ROCK, KICK BALL CROSS, SIDE ROCK, SYNCOPATED WEAVE

- 1-2 Rock right to right side, step left in place
- 3&4 Kick right forward (diagonal), step right back, cross step left over right
- 5-6 Rock right to left side, step left in place
- 7&8 Cross right behind left, step left to left side, cross right over left

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- 1-2 Rock left to left side, step right in place
- 3&4 Kick left forward (diagonal), step left back, cross step right over left
- 5-6 Rock left to left side, step right in place
- 7&8 Cross left behind right, step right to right side, cross left over right

FORWARD ROCK STEP, ½ TURN RIGHT TRIPLE STEP, FORWARD ROCK STEP, ¾ TURN LEFT TRIPLE STEP

- 1-2 Rock right forward, step left in place
- 3&4 Turn ½ right as you do a right triple step right, left, right
- 5-6 Rock left forward, step right in place
- 7&8 Turn ¾ left as you do a left triple step left, right, left

TOUCH TOGETHER STEPS - SIDE, TOGETHER, SIDE, TOGETHER, FORWARD TOGETHER, FORWARD, TOGETHER, PLACE FOOT FORWARD AND BOUNCE HEEL 2 TIMES, ROCK BACK, STEP IN PLACE

- 1&2& Touch right toe to right side, step right next to left, touch left toe to left side, step left next to right
- 3&4& Touch right toe forward, step together, touch left toe forward, step together
- 5-6-7 Place right foot forward (no weight) count 5, bounce right heel twice for counts 6, 7
- &8 Rock back with ball of right, step left in place (ball change)

2 - ½ PIVOT TURNS, FORWARD ROCK, ½ TURN TRIPLE STEP

- 1-2-3-4 Step right forward & turn ½ left, step left in place, step right forward & turn ½ left, step left in place
- 5-6 Rock right forward, step left in place (recover)
- 7&8 ½ turn right as you do a right triple step (cha-cha-cha)

KICK STEP TOUCH BEHIND, STEP, KICK BALL STEP FORWARD, TWIST HEELS RIGHT, LEFT RIGHT, LEFT, RIGHT TURNING ½ LEFT ON LAST RIGHT HEEL TWIST

- 1&2& Kick left forward, step left forward, touch right up to and behind left, step right back
- 3&4 Kick left forward, rock left back on ball of foot, step right forward
- 5-6 Twist both heels right, left
- 7&8 Twist both heels right, left, right turning ½ left as you do the last twist on count 8

REPEAT

TAG

CROSS BACK SIDE, TRAVELING PIVOT TURNING ¾ RIGHT, TOUCH RIGHT SIDE, HOLD, BALL CHANGE

- 1&2 Step left back and in front of right (lock), step right back, step left side

- 3-4 Step right forward turning $\frac{1}{2}$ right, step left back turning $\frac{1}{4}$ right
5 Place right to right side
6-7 Hold
&8 Rock back with ball of right foot, step left in place (recover)

BRIDGE

Nightclub Two Step Feeling

SIDE, HOLD, ROCK, STEP, SIDE, HOLD, ROCK, STEP

- 1-2-3-4 Step right a large step to right side, hold, rock left back, step right in place
5-6-7-8 Step left a large step to left side, hold, rock right back, step left in place

FORWARD TURNING $\frac{1}{2}$ RIGHT, SIDE ROCK CROSS IN FRONT, SIDE ROCK

- 1-2 Step right forward turning $\frac{1}{2}$ right, hold
3-4 Rock left to left side, step right in place
5-6 Cross left over right, hold
7-8 Rock right to right side, step left in place

FORWARD & ACROSS TURNING $\frac{1}{4}$ RIGHT, STEP BACK TURNING $\frac{1}{4}$ RIGHT, STEP SIDE

- 1-2 Step right forward and across left turning $\frac{1}{4}$ right, hold
3-4 Step left back turning $\frac{1}{4}$ right (completing a total of $\frac{1}{2}$ right over steps 1-3), step right side

FORWARD & ACROSS, HOLD, SIDE ROCK

- 5-6 Step left forward & across right, hold
7-8 Rock right to right side, step left in place

2 FULL TRAVELING PIVOTS MOVING FORWARD, PRESS & HOLD, BALL CHANGE

- 1-2 Step right forward turning $\frac{1}{2}$ right, step left back turning $\frac{1}{2}$ right
3-4 Step right forward turning $\frac{1}{2}$ right, step left back turning $\frac{1}{2}$ right
5-6-7 Step right forward with ball of foot only (press), hold for counts 6-7
&8 Rock right back with ball of foot, step left in place

SEQUENCE OF DANCE:

The verses of the song have the 8 count tag. The chorus of the song does not

First time: add the tag

2nd time: no tag

3rd time: add the tag

4th time: no tag

5th time: bridge

6th time: no tag

7th time: restart - leave off last 16 counts of dance

8th time: restart - leave off last 16 counts of dance

Fade out

Tags are only on the 1st and 3rd repetitions. Bridge happens after 4th repetition. Restarts are after the heel bounces and the ball change.
