Rain Dance



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Barry Amato (USA)

音樂: Now I Pray for Rain - Neal McCoy



LEFT FORWARD SHUFFLE, ½ PIVOT, RIGHT ½ TURNING SHUFFLE, BACK ROCK, RECOVER

1&2 Shuffle forward left-right-left

3-4 Step right foot forward, pivot ½ to left and step on down on left foot in place (left foot is

forward)

Step right foot forward, turn ¼ to left on ball of right foot and slide left foot next to right foot

taking weight, turn ¼ to left on ball of left foot and step back on right foot (½ turn completed)

7-8 Rock back on left foot, step right foot in place (recover)

LEFT FORWARD SHUFFLE, ½ PIVOT, ¼ PIVOT, HOLD, HEEL SWIVELS

1&2 Shuffle forward left-right-left

3-4 Step right foot forward, pivot ½ to left and step down on left foot in place (left foot is forward)

5-7 Step right foot forward, pivot ¼ to left and step left foot in place, hold

&8 Swivel both heels to the right, swivel heels back to center

1/4 RIGHT AND FORWARD SHUFFLE, 1/2 LEFT AND FORWARD SHUFFLE STEP, KICK, STEP, CLAP TWICE

Turn ½ to right on ball of left foot and shuffle forward right-left-right
Turn ½ to left on ball of right foot and shuffle forward left-right-left

5-6 Step right foot forward, kick left foot forward7&8 Step left foot next to right foot, clap hands twice

KICK-BALL-CHANGE TWICE, KICK-BALL-TOUCH, 1/4 LEFT, CLAP TWICE

1&2 Kick right foot forward, step on ball of right foot next to left foot, step left foot together

3&4 Repeat counts 1&2

5&6 Kick right foot forward, step on ball of right foot next to left foot, touch left toe back

7&8 Turn ¼ to left on ball of right foot (end weight on both feet), clap hands twice

REPEAT