Rain Dance

拍數: 0

級數: Intermediate/Advanced

編舞者: Susan Hancock (AUS)

音樂: Talk of the Town - John Farnham

Sequence: A,B,A,B, ABB, ABB

PART A (VERSE)

HEEL TOES, ROCK, ROCK CROSS

- 1&2& Touch left heel forward, snap left toe down stepping onto left foot toe touch right heel forward, snap right toe down stepping forward onto right
- 3&4 Step/rock to the left on the left foot, rock to the right side on the right, cross the left in front of the right

TOUCH FORWARD, TOUCH, SIDE, TOUCH BACK, SCUFF FORWARD

- 5-6 Touch right heel forward, touch right heel to right side
- 7-8 Touch right toe back, scuff right heel forward

HOP (SCOOT), TOUCH, HOP, TOUCH, HOP, TOUCH

- &9 Small hop forward, on left, touch right heel forward
- &10 Small hop back on left, touch right toe back
- &11 Small hop forward, on left, touch right heel forward
- 12 Touch right heel across in front of left

TOUCH, STEP, APPLEJACKS MOVING LEFT ("TRAVEL-JACKS")

- 13-14 Touch right heel forward at 45 right, step the right next to left slightly apart
- 15 Fan left toe to the left while fanning the right heel to the left (feet are in the V position)
- Fan left heel to the left while fanning the right toe to the left (feet are in the inverted V 16 position)

APPLEJACKS MOVING RIGHT ("TRAVEL-JACKS"), ROCK, ROCK

- Fan right toe to the right while fanning the left heel to the right (V position), fan right heel to 17&18 right while fanning left toe to the right (inverted V), fan right toe to the right while fanning the left heel to the right (V position)
- 19-20 Step/rock to the right on the right (returning heel to center), rock to the left on the left (returning heel to center)

1/4 TURN RIGHT, ROCK FORWARD, ROCK BACK, SYNCOPATED STEP TOGETHER, TOUCH HEEL

- 21-22 Step forward on right turning 1/4 turn right, step/rock forward on the left
- 23&24 Rock back onto right, step left next to right, touch right heel at 45 right

SYNCOPATED STEP TOGETHER, KICK, SYNCOPATED STEP TOGETHER, CROSS, STOMP, STOMP UP

&25&26 Step right next to left, kick left forward, step left slightly back, cross/step right over left 27-28 Stomp left foot to left side, stomp up on right next to left (leaving weight on left)

PART B (CHORUS)

HEEL TOUCHES, BEHIND SIDE, CROSS

- 1& Touch right heel at 45 right, hitch right knee (and slap with right hand)
- 2& Repeat
- 3&4 Step right behind left, step left to left side, step right in front of left

1/4 TURN, CLAP, 1/2 TURN, CLAP





牆數:2

- 5&6& Step on left turning ¼ turn to the left, clap, turning ½ left step back on right, clap
- 7&8& Turning ¼ left step the left to side, clap, stomp right next to left (leaving weight on right),

CLAP HEEL TOUCHES, BEHIND, SIDE, CROSS

- 9& Touch left heel at 45 left, hitch left knee (& slap with left hand)
- 10& Repeat above
- 11&12 Step left behind right, step right to right side, step left in front of right

1/4 TURN, CLAP, 1/2 TURN, CLAP

- 13&14& Step on right turning ¼ turn to right, clap, turning ½ right step back on the left, clap
- 15&16& Turning ¼ right step the right to right side, clap, stomp left next to right (weight on left), clap

SHUFFLE, SIDE, ROCK, STEP BEHIND

- 17&18 Shuffle forward right-left-right
- 19&20 Step left to side, rock right onto right, step left behind right

1/4 TURN, HOLD, HOP FORWARD, HOP BACK, HOP FORWARD

- 21-22 Step forward on right turning ¼ turn right, hold
- 23&24 Hop/rock forward on left, hop/rock back onto right, hop/rock forward onto left (weight on left)

DWIGHT SWIVELS (TOE HEEL SWIVELS)

- 25-26 Point/tap right toe in next to left instep (right knee points in, right heel off floor), touching right heel next to left pointing toe up & out
- 27&28 Point/tap right toe in next to left while left toe fans towards left, touch right heel next to left while left heel swivels left, point/tap right toe in next to left while left toe fans towards left

PIVOT TURN LEFT, ½ TURNING SHUFFLE LEFT

29-30 Step forward on right, pivot ½ left

31&32 Step right-left-right in place while turning ¹/₂ left

The song is 192 BPM but I have written the steps using $\frac{1}{2}$ time, cutting down the steps by half as most of them would be hold counts. The dance is phased to "Talk Of The Town" as the verses are only 28 counts (in $\frac{1}{2}$ time) not 32 as most. When repeating Part B in the sequence ABB the weight will be on your right after the $\frac{1}{2}$ turn (steps 31&32). So just hop onto the left as a syncopated step before commencing with the right heel touches at the start of the 2nd Part B.

To finish the dance at the end of the song (8 counts remaining after the above sequence) repeat steps as follows from Part B

HEEL TOUCHES, BEHIND SIDE, CROSS

- 1& Touch right heel at 45 right, hitch right knee (and slap with right hand)
- 2& Repeat
- 3&4 Step right behind left, step left to left side, step right in front of left

1/4 TURN, CLAP, 1/2 TURN, CLAP

5&6& Step on left turning ¼ turn to the left, clap, turning ½ left step back on right, clap then to face the front wall

- 7& Turning ½ left step forward on the left, clap
- 8& Turn ¼ left and stomp right next to left, clap