# Rainbow Rhythm



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Bill Bader (CAN)

音樂: Live A Little - Mark Chesnutt



"From Oklahoma With Love" requires a tag of 8 counts at the end of the second pattern. Repeat the last 8 counts without the 1/4 turn.

# 4 DIAGONALS: FORWARD, TOUCH, FORWARD, TOUCH, BACK, TOUCH, BACK, TOUCH

Step right forward to right, touch left toe beside right
Step left forward to left, touch right toe beside left
Diagonal step right back right, touch left toe beside right
Diagonal step left back left, touch right toe beside left

## Optional addition/variation

Swing right arm right
 Click fingers of right
 Swing right arm left
 Click fingers of right

5-8 Repeat 1-4 swings and clicks

# VINE RIGHT, SCUFF/TURN 1/4

9-10 Sidestep right, cross-step left behind

11 Sidestep right angled slightly right for upcoming turn

12 Turn ¼ right while scuffing left heel and lifting left knee (3:00)

# 4 SWIVELS TRAVELING TO LEFT WHILE TOUCHING LEFT TOE-HEEL-TOE-HEEL

Swivel right heel to left and touch left toe beside
Swivel right toe to left and touch left heel beside
Swivel right heel to left and touch left toe beside
Swivel right toe to left and touch left heel beside

# Option: 4 scoots with heel taps and finger clicks & raise left knee

Touch left heel tip to the floor. Click fingers of both hands with left hand low to left side and right arm bent 90 degrees with right hand forward. Upper body leans right slightly throuht

count 16.

& Scoot left: raise left knee and hop right slightly to left side
Touch left heel tip to the floor. Click fingers as above.
& Scoot left: raise left knee and hop right slightly to left side
Touch left heel tip to the floor. Click fingers as above.
& Scoot left: raise left knee and hop right slightly to left side
Touch left heel tip to the floor. Click fingers as above.

Suggestion: For variety, try alternating these 2 options.

# 3 TOE-HEEL STRUTS BACK WITH ARM SWINGS, STEP BACK, ROCK FORWARD

17-18	Touch left toe back swinging right arm forward and left arm back, lower left heel
19-20	Touch right toe back swinging left arm forward and right arm back, lower right heel
21-22	Touch left toe back swinging right arm forward and left arm back, lower left heel
23-24	Step ball of right back swinging left arm forward and right arm back, rock forward onto left

# 4 QUARTER PIVOT TURNS: SMALL STEP FORWARD, TURN 1/4 LEFT ONTO LEFT X4

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25-26	Small step with ball of right forward, turn 1/4 left shifting weight onto left

27-28	Repeat 1-2 (step right forward, tu	ırn ¼ left)
29-30	Repeat 1-2 (step right forward, tu	ırn ¼ left)

31-32 Repeat 1-2 (step right forward, turn ½ left) (returns to 3:00)

# (RIGHT) FORWARD-LOCK-FORWARD, SCUFF, FORWARD, HOLD, TURN ½, HOLD Step right forward but slightly crossed over left Lock-step left: slide ball of left forward to right side of right heel Step right forward

36 Step right forward 36 Scuff left heel forward 37-38 Step left forward, hold

39-40 Keeping feet in place: turn ½ right shifting weight onto right, hold (6:00)

# (LEFT) FORWARD-LOCK-FORWARD, SCUFF, FORWARD, HOLD, TURN 1/2, HOLD

41 Step left forward but slightly crossed over right

Lock-step right: slide ball of right forward to left side of left heel

43 Step left forward

44 Scuff right heel forward 45-46 Step right forward, hold

47-48 Keeping feet in place: turn ½ left shifting weight onto left, hold (3:00)

# STOMP FORWARD, 3 ARCHING CLAPS TURNING 1/4 LEFT, HEELS RIGHT-LIFT-LEFT, HOLD

49 Stomp right forward

50 Clap #1: forward down to right at approximately waist level

51 Clap #2: near forehead. Hands rise smoothly arching up and left, following an imaginary

rainbow's arch overhead.

52 Clap #3: over left shoulder and turn on balls of both feet 1/4 left (12:00)

Please notice that this returns you to your original starting wall.

53 Swivel both heels diag.right (face left corner). Pull elbows back with arms bent and close to

the body. Hands are low.

Lift both heels slightly and move hands forward a little

55 Swivel both heels diag.left (face right corner). Pull elbows back as above.

56 Hold

# STEP-TOUCH-STEP-TOUCH TURNING 1/4 TURN RIGHT, BIG STEP RIGHT, SLIDE 2, PUSH

57 Step ball of right to right side (important: stay oriented toward 12:00)

Touch left toe beside right (right heel may swivel slightly right)

59 Step ball of left to left side

Touch right toe beside left turning on ball of left ½ right (3:00)

### You may contact right foot lightly against left heel, helping create the turn.

Big sidestep right

62-63 Slide left toe close to right (2 counts)
64 "Push off": step ball of left slightly back

# REPEAT