R & R Rock



編舞者: Ruthanne Diphillipo (USA) & Rich Murray (USA) 音樂: Don't Take Her She's All I Got - Tracy Byrd



SIDE SHUFFLES & ROCKS RIGHT, LEFT.

1&2	Right step to right, left step beside right, right step to right.	
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3-4 Left step back behind right, replace weight forward onto right (rock step)

5&6 Left step to left, right step beside left, left step to left.

7-8 Right step back behind left, replace weight forward on to left (rock step)

STEP KICKS FORWARD WITH FINGER SNAPS

9-10 Right step forward, left kick forward (finger snaps with both hands ear level when kicking)
 11-12 Left step forward, right kick forward (finger snaps with both hands ear level when kicking)

13-16 Repeat steps 9-12.

ROCK STEP, TOGETHER, HEEL LIFTS, FORWARD THEN BACK.

17 Rock forward onto right.
18 Replace weight back on left.
19 Right step next to left.

& 20 Lift heels of both feet up, drop heels down shifting weight to right foot

21 Rock back onto left.

22 Replace weight forward on right.

23 Left step next to right.

Lift heels of both feet up, drop heels down shifting weight to left foot

ROCK STEPS (RIGHT FOOT) FORWARD & BACK WITH CLAPS.

25 Rock forward onto right.

26 Replace weight back onto left and clap.

27 Rock back onto right.

28 Replace weight forward onto left and clap.

29-32 Repeat steps 25-28.

KICK-BALL CHANGE, STEP PIVOT (1/4) LEFT, REPEAT.

Right kick forward, right step next to left, shift weight to left

35 Right step forward. 36 Pivot ¼ turn left. 37-40 Repeat steps 33-36

CROSS TOUCH RIGHT, THEN LEFT, MODIFIED JAZZ BOX, HEEL LIFTS

Right step cross in front of left.
Left toe touch to left side.
Left step cross in front of right.
Right toe touch to right side.
Right step cross in front of left.

46 Left step back.

47 Right step next to left.

Lift heels of both feet up, drop heels down shifting weight to left foot

REPEAT

