

Restless Ranch-Hand

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0 級數:
編舞者: Alan Robinson (UK)
音樂: Restless - Shelby Lynne



Position: Sweetheart position

LEADER'S STEPS

- 1-4 Touch right heel forward, back to center, touch left heel forward, back to center
5-8 Swivel both heels right, back to center, swivel both heels left, back to center
9-12 Step on left, (release left hands), pivot ½ right, step on left, pivot ½ right
(back into sweetheart position)
13-16 Grapevine left:-, step left to left, behind with right, step left to left, hitch right knee
(release Left hands)
17-20 Grapevine right:- step right to right, behind with left, step right to right, hitch left knee
(release Right hands)
21-24 Step forward on left, close with right, shuffle on the spot:-, stepping left right left (two counts)
25-28 Step right to right (turning ½ right), close with left, shuffle on the spot:- stepping right left right (two counts)
29-32 Step forward on left, close with right, shuffle on the spot:- stepping left right left (two counts)
33-36 Step right to right (turning ½ right), close with left, shuffle on the spot:- stepping right left right (two counts)
37-40 Shuffle forward:- stepping left right left (two counts), shuffle forward:- stepping right left right (two counts), (steps 37-40 should bring you alongside the next person-your new partner)

41-44 Grapevine left (into circle):- step left to left, behind with right, step left to left, hitch right knee (clap)
45-48 Rolling grapevine right:- step on right, step on left, step on right, close with left (place weight on left), (into sweetheart position with new partner)

REPEAT

FOLLOWER'S STEPS

- 1-4 Touch right heel forward, back to center, touch left heel forward, back to center
5-8 Swivel both heels right, back to center, swivel both heels left, back to center
9-12 Step on left, (release left hands), pivot ½ right, step on left, pivot ½ right
(back into sweetheart position)
13-16 Grapevine left:- step left to left, behind with right, step left to left, hitch right knee
(release Left hands)
17-20 Rolling grapevine right:- step on right, step on left, step on right, hitch left knee
(release Right hands)
21-24 Step forward on left, close with right, shuffle on the spot:- stepping left right left (two counts)
25-28 Step right to right (turning ½ right), close with left, shuffle on the spot:- stepping right left right (two counts)
29-32 Step forward on left, close with right, shuffle on the spot:- stepping left right left (two counts)
33-36 Step right to right (turning ½ right), close with left, shuffle on the spot:- stepping right left right (two counts)
37-40 Shuffle forward:- stepping left right left (two counts), shuffle forward:- stepping right left right (two counts), (steps 37-40 should bring you alongside the next person-your new partner)

41-44 Grapevine left (out of circle):- step left to left, behind with right, step left to left, hitch right knee (clap)

45-48

Rolling grapevine right:- step on right, step on left, step on right, close with left (place weight on left), (into sweetheart position with new partner)

REPEAT
