

Revolucion

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Abby Bayford (UK)
音樂: Revolución - Ricky Martin



FULL TURN RIGHT STEPPING RIGHT-LEFT, CHASSE RIGHT, ROCK LEFT, RECOVER, CHASSE LEFT

- 1 Step right to right side while pivoting turn right on ball of right, (turning to the right)
- 2 Step left to left side pivoting turn right on ball of left, (completing a full turn)
- 3&4 Step right to right side, step left beside right, step right to right side
- 5-6 Rock forward onto left, recover weight back on right
- 7&8 Step left to left side, step right beside left, step left to left side

KICK RIGHT, BALL, TOUCH RIGHT FORWARD (SLIGHTLY BENDING RIGHT KNEE), STEP RIGHT, TURN LEFT, POPS RIGHT-LEFT COMPLETING A ¼ TURN LEFT

- 9&10 Kick right foot forward, step right next to left, touch left toe forward (bending knee slightly)
- &11-12 Step left next to right, step right foot forward, step turn left on ball of right, (weight remaining on left)
- 13&14& Pop right knee into left, step right next to left making 1/8 turn left, pop left knee into right, step left next to right
- 15&16& Repeat counts 13&14& (after completing counts 13-16 you should have completed ¼ turn left)

RIGHT TOE TOUCH (HEEL FACING OUT), TOE TWIST (HEEL PARALLEL TO TOE FACING FORWARD), RIGHT COASTER STEP, LEFT TOE TOUCH, LEFT KICK, WEAVE LEADING WITH LEFT

- 17 Touch right toe forward right heel must be facing out to back right diagonal
- 18 Twist on ball of right foot the heel in, the heel should now be parallel with the toe forward (weight remains on left foot)
- 19&20 Step back on right, step left beside right, step forward right
- 21-22 Touch left toe forward, kick left foot out to left diagonal
- 23&24 Cross left foot behind right, step right foot to right side, cross left foot in front of right

EXTENDED LOCK STEPS, TOUCH LEFT FORWARD UNWIND TURN LEFT (ENDING WITH LEGS CROSSED), LEFT LOCK STEP

- 25-26 Step right foot forward, lock left foot behind right
- 27&28 Step right foot forward, lock left foot behind right, step right foot forward
- 29-30 Touch left toe forward, keeping left toe touched forward unwind on ball of right foot turn left (when unwound a turn left foot should be crossed over right)
- 31&32 Step left foot forward, lock right foot behind left, step left foot forward

REPEAT
