Riding The Rails



拍數: 48 牆數: 2 級數: Intermediate

編舞者: Terry Hogan (AUS)

音樂: Tattoos of Life - Steve Wariner



| 1 | Rock/step left foot behind right allowing body to turn toward left diagonal |
|--|--|
| 2 | Replace weight onto right foot facing front |
| 3 | Step left foot to the side and make ¼ turn right |
| 4 | Make further ¼ turn right on ball of left foot & step right foot to the side |
| 5-6 | Step/slide left foot across in front of right, step/slide right foot to the side |
| | |
| 7&8 | Kick left foot forward, step slightly backward on ball of left, step right across in front of left foot |
| 9-10 | Step left to the side, step right across behind left & make 1/4 turn left |
| 11&12 | Slide/shuffle forward left-right-left |
| | |
| 13-15 | Rock/step right foot forward, rock backward onto left, rock/step right foot backward slightly past left foot |
| 16-18 | Rock/step left foot forward, rock backward onto right, step left backward slightly past right foot |
| These steps will move backward | |
| 19-20 | Kick right foot forward, step backward right |
| 21-22 | Step left foot backward & make ¼ turn left, step right across in front of left |
| 23&24 | Touch left toe to the side, step left beside right, touch right toe to the side |
| | |
| 25-26 | Rock/step right foot forward, rock backward onto left |
| &27 | Make ½ turn right on ball of left foot, step right foot forward |
| 28-29 | Rock/step left foot forward, rock backward onto right |
| 30 | Make ¼ turn left on ball of right foot & step left foot to the side |
| | |
| 31&32 | Step right foot across in front of left, rock/step left foot to the side, rock/replace weight onto right foot stepping it slightly forward |
| 33 | Step left foot across in front of right toward right diagonal |
| 34-35 | Rock/step right foot forward to right diagonal, rock/replace weight on left foot |
| 36 | Rock/replace weight onto right foot |
| | |
| 37-38 | Step forward on left foot, make ½ turn left on ball of left foot swinging right foot around close |
| 20 | to floor |
| 39 | Step right foot slightly forward |
| &40 | Make full turn left on ball of right foot, step left foot slightly forward on right |
| 41 | Hold |
| &42 | Step right foot slightly forward starting a full turn left, step left beside right heel and complete the turn and taking the weight on the left foot |
| Feet will be close together at the completion of this turn with left slightly forward of right | |
| Took will be close together at the completion of the tarn with left slightly forward of right | |
| 43-44 | Rock/step right foot forward, rock backward onto left |
| &45 | Step right foot backward toward right diagonal, step left foot back to cross (lock) in front of |

REPEAT

&46

&48

47

right

Step right foot backward, rock/step left foot backward

Slide left toe to touch to the side and slightly forward, hold

Rock forward onto right foot and make 1/4 turn left

TAG

After the 3rd wall if using the suggested song. You will start the tag facing the back wall and then restart the dance facing the front wall

- 1-2 Step left foot across behind right, step right to the side & make ¼ turn right
- 3 Make ¼ turn right on ball of right foot & rock/step left foot to side
- 4 Rock/replace weight onto right foot
- 5-6 Step left across in front of right, step right foot to the side