

Right Kick

拍數: 64
編舞者: Unknown
音樂: Unknown

牆數: 1

級數:



RIGHT KICK-BALL-CHANGE, TOE-HEEL, TOE-HEEL

- 1 Kick right foot forward
- & Step ball of right foot next to left foot, lifting left foot slightly
- 2 Place left foot next to right foot
- 3 Step forward with right toe
- 4 Drop right heel down
- 5 Step forward with left toe
- 6 Drop left heel down

½ MONTEREY TURN

- 7 Point right toe to right side
- 8 Pivot ½ turn to right on ball of left foot
- & Place right foot next to left foot
- 9 Point left toe to left side
- 10 Place left foot next to right foot

½ MONTEREY TURN, HITCHHIKE SWIVEL

- 11 Point right toe to right side
- 12 Pivot ½ turn to right on ball of left foot
- & Place right foot next to left foot
- 13 Point left toe to left side
- 14 Place left foot next to right foot (equal weight)
- 15 Swivel right toe to right and left heel to left (hitchhike right thumb to right side)
- 16 Swivel right toe to center and left heel to center (bring right hand back to waist)

LEFT SIDE, BEHIND, SIDE, TOGETHER

- 17 Step to left side with left foot
- 18 Step across behind left leg with right foot
- 19 Step to left side with left foot
- 20 Place right foot next to left foot

SLAP, SIDE, SLAP, ¼ TURN

- 21 Lift left foot up behind right leg and slap with right hand
- 22 Step to left side with left foot
- 23 Lift right foot up in front of left leg and slap with left hand
- 24 Swing right foot out to right side with a ¼ turn left and slap with right hand

"HOT TAMALE" SHOULDER PUSHES

- 25 Step to right side with right foot (knees bent) push right shoulder forward starting a slow ¼ turn to left
- 26-32 Stay on balls of both feet and continue pushing right shoulder forward. Straighten legs with weight on left foot after completion of turn

REVERSE TOE-HEEL WALK/"SNAPS"

- 33 Step back with right toe
- 34 Drop right heel and snap fingers

- 35 Step back with left toe
- 36 Drop left heel and snap fingers
- 37 Step back with right toe
- 38 Drop right heel and snap fingers
- 39 Step back with left toe
- 40 Hold position and snap fingers

LEFT VINE-¼ TURN-HOP

- 41 Step to left side with left foot
- 42 Step across behind left leg with right foot
- 43 Step a ¼ turn left to left side with left foot
- 44 Hop ¼ turn to left land with feet together

SWIVEL VINE RIGHT

- 45 Swivel heels to right side
- 46 Swivel toes to right side
- 47 Swivel heels to right side
- 48 Swivel toes to center (weight to right foot)

STEP, ½ TURN, STEP, SCOOT

- 49 Touch left toe forward
- 50 Pivot ½ turn right
- 51 Step forward with left foot
- 52 Lift right knee & scoot forward with left foot

STEP, STOMP, CLAP, CLAP

- 53 Step forward with right foot
- 54 Stomp-down with left foot next to right foot
- 55 Clap with right palm up - left palm down
- 56 Clap with left palm up - right palm down

LEFT KNEE IN, OUT, RIGHT KNEE IN, OUT

- 57 Roll left knee in front of right leg
- 58 Roll left knee back to center
- 59 Roll right knee in front of left leg
- 60 Roll right knee to center

KNEE POPS

- 61 Pop left knee in
- & Pop left knee to center
- 62 Pop right knee in
- & Pop right knee to center
- 63 Pop left knee in
- & Pop left knee to center
- 64 Pop right knee in
- & Pop right knee to center (weight on left)

REPEAT
