Right Side First

拍數: 32

級數: Beginner

編舞者: Jo-Ann Scorrer (UK)

音樂: Ooo Stick You - Daphne & Celeste

The choreographer was 8 years old when this dance was created.

RIGHT & LEFT HEEL DIGS WITH HITCH

- 1-2 Dig right heel forward, hitch right knee in front of left shin
- 3-4 Dig right heel forward, step right foot beside left (weight on right)
- 5-6 Dig left heel forward, hitch left knee in front of right shin
- 7-8 Dig left heel forward, step left foot beside right (weight on left)

ROCK/RECOVER, BACK RIGHT SHUFFLE, ROCK/RECOVER, LEFT SHUFFLE FORWARD

- 9-10 Rock forward on right foot, recover weight back onto left foot
- 11-12 Step back on right foot, close left beside right, step back on right foot
- 13-14 Rock back on left foot, recover weight forward onto right foot
- 15-16 Step forward on left foot, close right beside left, step forward on left foot

HALF-TURN LEFT INTO RIGHT GRAPEVINE & KICK, LEFT GRAPEVINE WITH 1/4-TURN

- & On ball of left foot, make a half-turn left (ready to move into a right grapevine)
- 17-18 Step right foot to right side, cross step left behind right
- 19-20 Step right foot to right side, kick left foot in front of right
- 21-22 Step left foot to left side, cross step right behind left
- 23-24 Step left foot to left side making a guarter-turn left, touch right beside left

PADDLE TURNS TO MAKE 1/2-TURN LEFT, STOMP RIGHT & LEFT

- 25-26 Step forward on right, make a one-sixth turn left
- 27-28 Step forward on right, make a one-sixth turn left
- Step forward on right, make a one-sixth turn left 29-30

On steps 26, 28 and 30 as you make the turn, push your left hips out to the left, Return hips to center as you step onto the right foot.

31-32 Stomp right foot in place, stomp left foot in place (taking weight on left foot)

REPEAT





牆數: 4