River John Rock



拍數: 32 牆數: 4 級數: Improver

編舞者: Marg Jones (CAN)

音樂: Walkin' the Country - Keith Urban & The Ranch



SAILOR SHUFFLES

1&2 Swing right foot out and round behind left, step slightly to left with left foot, step in place with

right foot

3&4 Swing left foot out and round behind right, step slightly to right with right foot, step in place

with left foot

MONTEREY TURNS

5-6 Touch right toe to right side, turn ½ right as you step right next to left,

7-8 Touch left toe to left side, step left next to right

9-10 Touch right toe to right side, turn ½ right as you step right next to left,

11-12 Touch left toe to left side, step left next to right

OUT, OUT, IN, IN, SCOOT, SCOOT

&13 Small step to right with right foot, small step to left with left foot

&14 Small step in with right foot, small step in with left foot

15-16 Hitch right knee and two small hops (scoots) forward on left foot

TWO QUARTER-TURNS LEFT, JAZZ BOX

17-18 Step forward on right foot, making a quarter turn to left, step left in place 19-20 Step forward on right foot, making a quarter turn to left, step left in place

21-24 Cross right foot over left and place it down, step back on left foot, step to right with right foot,

step left foot beside right foot

SHUFFLE RIGHT, ROCK BACK, RECOVER

25&26 Starting with right foot, shuffle to right (right-left-right)

27 Rock back on left foot28 Recover on right foot

QUARTER-TURN RIGHT, STOMP, STOMP

29-30 Step forward on left foot, making a quarter-turn to right, step right foot in place

31-32 Stomp left foot twice (putting weight onto left foot on second stomp)

REPEAT