

# Rock DeeJay

**COPPER KNOB**  
STEPSHEETS

拍數: 64      牆數: 2      級數: Intermediate/Advanced  
編舞者: Aaron Neale (UK) & Iain Ebbage (UK)  
音樂: Rock DJ - Robbie Williams



## **WALK, WALK, KICK ¼ STEP, STEP, SWIVEL, KICK, STEP, STEP**

- 1-2      Walk right foot forward, walk left foot forward  
3&4      Kick right foot forward turning ¼ right (weight on left foot), step right foot to right side, step left next to right (weight on balls of feet)  
5&6      Swivel both right and left toes out then in, kick right foot to right diagonal  
7&8      Cross step right over left, step left foot back, turning ¼ right step right foot to right side, step left foot in place

## **JUMP, HITCH, TOUCH, ¼ RIGHT HITCH, ¼ RIGHT TOUCH, HITCH, JUMP, BODY ROLL, HIP BUMPS**

- 1&2      Jump feet apart, hitch right knee in front of left, touch right toe back  
3&4      (Weight on left foot) turning ¼ right hitch up right knee (weight still on left foot) turning ¼ right touch right toe forward, hitch right knee in front of left, jump both feet apart  
5&6      Body roll turning ¼ left (alternately hip bumps right, left with ¼ left turn)  
7&8      Hip bumps left, right, left (weight on right foot)

## **EASY WALK, FLICK, EASY WALK FLICK, MODIFIED MONTEREY, STEP, STEP, LEAN**

- 8&1&2      Cross step left foot over right, step right foot to right diagonal, step left foot in place, flick right foot back  
3&4      Cross step right foot over left, step left foot to left diagonal, step right foot in place flick left foot back (you will be moving forward on these steps)  
5&6      Cross left foot over right, touch right toe to right side, ½ turn right step right foot in place, touch left toe to left side  
7&8      Step left foot in place, step right foot to right side, lean upper body to the right and then the left (weight on left foot)

## **SYNCOPATED DOUBLE BOX, TOUCH, ¼ TURN, CROSS UNWIND ½, HIP SWAYS**

- 1&2      Cross right foot over left, step left foot back, step right foot to right side  
3&4      Cross left foot over right, scuff right foot forward, cross right over left, touch left toe to left side  
5-6      Turn ¼ left on left foot, cross right foot over left, unwind ½ turn left  
7-8      Sway hips left and right (you can do a body and shoulder roll combined as an alternative) (weight on right foot)

## **SWIVEL ¼, SWIVEL ¾, ROCK STEP, SLIDE, CHARLESTON STEP, ½ TURN, TOUCH**

- 1-2      Swivel both heels ¼ left, swivel both heels ¾ right  
3&4      Step left foot to left side, step right foot to right side, slide left to right (weight on left foot)  
5&6&7      Right Charleston steps forward, back, forward (weight on left foot)  
8      Turn ½ right, touch right toe forward

As a variation you can substitute the following steps 5-8

## **SYNCOPATED ROCK STEPS, ½ TURN, TOUCH**

- 5&6&7      Rock forward right, recover weight on left, rock back right, recover weight on left, rock forward right  
8      Turn ½ right, touch right toe forward

## **HITCH, TOUCH TURN ½, TOUCH, TURN TOUCH, TURN TOUCH, TURN STEP, STEP TOUCH, SHUFFLE FORWARD**

- 8&1&2      Hitch right knee in front of left, touch right toe to right side, ½ turn right step right foot in place, touch left toe to left side

- &3&4 Turning ½ right on right foot step left foot in place, touch right toe to right side, turning ½ turn right step right foot in place, touch left toe to left side
- &5-6 Turn ¼ right, step left foot in place, step back on right foot, touch left toes to right instep
- 7&8 Step left foot forward, step right foot next to left, step left foot forward

**As a variation you can substitute the following steps for counts &1-4**

**HITCH TOUCH, ¼ TURN, TOUCH, TOUCH, TOUCH**

- &1&2 Hitch right knee in front of left, touch right toe to right side, ¼ turn left step right foot in place, touch left toe to left side
- &3&4 Step left foot in place, touch right toe to right side, step right foot in place, touch left toe to left side

**FULL TURN, ¼ TURN, SQUAT, JUMP, PUNCH, PUNCH, ROLL, OPEN, UNCROSS**

- 1-2 Turning a full turn left step forward right, step forward left
- 3-4 Turn ¼ left squat down hands on knees, turn ¼ left jump feet apart

**Arm movements**

- 5 Punch right hand down towards left diagonal
- 6 Punch left hand down and over right to right diagonal
- 7 Roll both fists up and over, open hands spreading fingers
- 8 Uncross hands taking right hand to right side and left hand to left side (elbows bent, shoulder level)

**SQUAT, LOOK, LIFT HEAD LOOK, STAND, SWAY SHOULDERS, SAILOR STEP, SWEEP, TOUCH**

- 1 Squat down hands on knees, look down to the floor
- 2 Lift head, look forward
- 3-4 Standing up, sway shoulders left then right
- 5&6 Step left foot behind right, step right foot to right side, step left foot forward
- 7&8 Sweep right foot ¼ turn left, touch right toe to left instep

**REPEAT**

**TAG**

**After 1st wall plus 32 counts (i.e. After hip sways to the right), do the following tag and then start over from the beginning**

**Do 2 more walls plus 32 counts, then the tag again. Start over from the beginning**

**HIP BUMPS LEFT, RIGHT, BODY ROLL**

- 1-2 Bump hips left, twice
- 3-4 Bump hips right, twice
- 5-8 Body roll (this can be substituted with hip bumps if preferred)

**TOE TOUCH, HEEL PRESSES RIGHT & LEFT, TOUCH, HITCH, ¼ TURN, TOUCH HITCH, ¼ TURN, SWEEP ¼, TOUCH**

- 1-2 Touch right toe forward, press heel to floor (for styling take hip forward with toe)
- 3-4 Touch left toe forward, press heel to the floor (for styling take hip forward with toe)
- &5&6 Turning ¼ left touch right toe to right side, hitch right knee, turning ¼ left, point right toe to right side, hitch right knee
- 7-8 Sweep right foot ½ turn right, touch left toe to right instep
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