

Rock DJ

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2
編舞者: Abby Bayford (UK)
音樂: Rock DJ - Robbie Williams

級數: Intermediate/Advanced



RIGHT KICK, HITCH ½ TURN RIGHT, LEFT LOCK STEP, POINT RIGHT AND LEANING POINT LEFT, & RIGHT CROSS, RIGHT HEEL FLICK

- 1&2 Kick right foot forward, hitch right knee while pivoting ½ turn right on ball of left, step right next to left
- 3&4 Step left forward, lock right foot behind left, step left forward
- 5&6 Point right toe to right side, step right next to left, point left toe to left diagonal angling body to the diagonal leaning body back onto right foot
- &7&8 Step left next to right, cross right foot over left, step left foot back, kick right foot towards right diagonal toe should be facing the diagonal while heel is facing inwards

TRIPLE FULL TURN RIGHT, LEFT CHASSE (WITH CUBAN MOTION), KICK & KNEE POP ¼ TURN LEFT, KICK & TOUCH (WITH HIP THRUST BACK)

- 1&2 Triple full turn right stepping right, left, right
- 3&4 Step left to left side, step right beside left, step left to left side (with Cuban motion)
- 5& Kick right foot forward, step right beside left
- 6-7 Pop left knee in towards right knee, pivot ¼ turn left on ball of right
- 8&1 Kick left foot forward, step left foot next to right, touch right toe back while pushing hips back

RIGHT KICKS FORWARD AND TO RIGHT SIDE, KNEE POP, SIDE STEPS, STEP LEFT DRAGGING RIGHT FOOT

- 2-3 Kick right foot forward, kick right foot to right side
- 4&5 Touch right toe behind left heel (right heel raised), pop both knees forward (use right toe for balance)
- 6-7 Step right to right side, touch left next to right
- 8&1 Kick left foot across right to right diagonal, step left foot a large step left, drag right foot towards left crossing it over left foot (weight remains on left foot,)

¼ TURN LEFT ON BALL OF LEFT, MODIFIED MONTEREY TURN LEFT ON BALL OF LEFT, TOUCH RIGHT TOE TO RIGHT SIDE, STEP RIGHT NEXT TO LEFT, WALK FORWARD RIGHT, TOUCH LEFT TOE, SWIVEL TOUCHES ON BALL OF LEFT

- 2 Swivel ¼ turn left on ball of left foot (keep right toe touched next to left)
- 3-4 Swivel ½ turn left on ball of left foot touching right foot out to right side, step right next to left
- 5-6 Step left foot forward, touch right next to left
- &7 Swivel left heel out left while touching right toe out to right side (keep weight on ball of left foot), swivel left heel back to center while touching right toe back next to left
- &8 Repeat counts &7, (weight should remain on left foot)

REPEAT