

Rock On Buddy (P)

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 0
編舞者: Lorraine Hodges
音樂: Rave On - Buddy Holly

級數: Partner



Position: Holding inside hands facing LOD

4 KICKS, ¼ TURN SIDE STEPS

Facing LOD start with man's left - lady's right

1-4 Kick left forward twice, kick left side left, kick left forward

Holding both hands

5-8 Turn ¼ to right on left to face lady, touch right next to left, step side right place, left next to right (lady opposite)

KNEES BEND & WEAWE

9-12 Bend knees to right and straighten, bend knees to left and straighten

13-16 Weave side left behind right, side left in front right (lady opposite)

TOE HEEL CROSS TWICE

17-24 Left toe to right instep, left heel to right instep, cross left over right hold for 1 beat, repeat on opposite foot (lady opposite)

ROCK & HOLDS

25-32 Rock back left, forward right, bring left next to right hold for 1 beat, repeat on opposite foot (lady opposite)

SIDE STEPS ¼ TURN TO LOD VINE

33-40 Left to left step right next to left, turn ¼ left with left (release forward hand), touch right next to left, vine right, side, behind, side changing hands, dig left heel (lady vines in front of man)

HIP BUMPS AND VINE

41-48 Bump hips in out in out (changing hands), vine left side behind side, place right next to left, (lady opposite, vining in front of man)

Should now be facing LOD, ready to start again

REPEAT