

# Rock Shuffle Bounce

**COPPER KNOB**  
STEPPERS

拍數: 32      牆數: 4  
編舞者: Louis James Sequeira (SG)  
音樂: Let's Go - Wang Chung

級數: Improver



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## BACK ROCK RIGHT, RECOVER, SIDE SHUFFLE TO LEFT, BACK ROCK LEFT, RECOVER, SIDE SHUFFLE TO RIGHT

- 1-2      Back rock on left with left cross behind right, recover on right
- 3&4      Side shuffle to left - step side left, close right beside left, step side left
- 5-6      Back rock on right with right cross behind left, recover on right
- 7&8      Side shuffle to right- step side right, close left beside right, step side right

## ROCK-STEP FORWARD, RECOVER, SHUFFLE BACKWARD, ROCK-STEP BACKWARD, RECOVER, SHUFFLE FORWARD

- 1-2      Left - rock (step) forward while slightly lifting right foot off floor, right - lower foot back to floor (recover)
- 3&4      Step left backward, step right together with left, step left backward
- 5-6      Right - step (rock) backward while slightly lifting left foot off floor, left - lower foot back to floor (recover)
- 7&8      Step right forward, step left close to right, step right forward

## SIDE ROCK, CROSS SHUFFLE

- 1-2      Rock left to left side, rock right in place
- 3&4      Cross step left over right, step right to right side, cross step left over right
- 5-6      Rock right to right side, rock left in place
- 7&8      Cross step right over left, step left to left side, cross step right over left

## STEP LEFT, ½ RIGHT TURN FORWARD LEFT SHUFFLE, BOUNCE RIGHT HEEL THRICE MAKING A ¼ LEFT TURN

- 1-2      Step left to left, make a ½ right turn stepping right forward (facing back wall- 6:00)
- 3&4      Forward left shuffle- step left forward, step right close behind left, step left forward
- 5      Step right forward (with left slightly behind & beside right)
- 6-7-8      Bounce both heels thrice making a ¼ left turn (you will face second wall -3:00)

## REPEAT

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