Rock This Planet

拍數: 32   **牆數:** 4   **級數:** Intermediate
編舞者: Carl Sullivan (AUS)
音樂: Rock This Planet - Billy Ray Cyrus

Count 1&2 is done with the rhythm of a kick, ball change but you use the sole of right foot, keep both knees slightly bent & travel to front left corner.

1&2	Touch right foot forward & slightly left, step back on ball of right foot, step left foot forward
3-4	Kick right foot forward to left corner, kick right foot forward to right corner
5&6	Step right behind left, step ball of left to left side, step right slightly right (sailor shuffle)
7-8	Step left behind right, step right to right side

Count 1&2 is done with the rhythm of a kick, ball change but you use the sole of left foot, keep both knees slightly bent & travel to front right corner.

1&2	Touch left foot forward & slightly right, step back on ball of left foot, step right foot forward
3-4	Kick left foot forward to right corner, kick left foot forward to left corner
5&6	Step left behind right, step ball of right to right side, step left slightly left (sailor shuffle)
7-8	Step right behind left, step left to left side

1&2	Shuffle forward right-left-right
3	Step left forward starting a ¾ turn to right (on left foot)
4	Completing the ¾ turn right turn-step right forward
5&6	Shuffle forward left-right-left
7	Step right forward starting a ½ turn to left (on right foot)
8	Completing the ½ turn left turn-step left to left side (hip width apart)

1-2	Step right forward, step left forward
3-4	Step right forward, tap left toe behind right foot (turn shoulders slightly left)
&5-6	Scoot back on right, step left back, step right back
7&8	Step left back, step right beside left, step left forward (coaster step)

REPEAT
There is one bridge in this dance after the 2nd vanilla. You will be facing the back wall. It only occurs once.

1-2	Step right forward, rock back on left (starting to turn ½ turn right)
3&4	Completing the ½ turn right turn-small shuffle forward right-left-right
5-6	Step left forward, pivot turn ½ turn right (weight on right)
7&8	Small shuffle forward left-right-left