

Rockin' The Country

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 4 級數: Improver east coast swing
編舞者: Terri Alexander (USA)
音樂: Rockin' The Country - Eddie G



Special Thanks to Darlene Carlson for helping me work on this and being my sounding board!

CROSS ROCK, RECOVER, STEP, HITCH, TOUCH, HITCH, HIP LEFT, RIGHT

1-2 Cross rock right over left, recover weight to left
3-4 Step right to right side, hitch left
5-6 Touch left forward, hitch left
7-8 Step left to left side pushing hip left, push hip right (12:00)

TURNING VINE TO LEFT TOUCH, ¼ TURN STEP, BRUSH, ¼ TURN STEP, BRUSH

1-4 Turn ¼ left stepping left forward, turn ¼ left stepping right to right, turn ½ stepping left to left, touch right beside left
5-6 Turn ¼ right stepping right forward, brush left beside right
7-8 Turn ¼ right stepping left forward, brush right beside left (6:00)

CROSS ROCK, WEAVE, ¼ TURN RIGHT, ¼ TURN RIGHT

1-2 Cross rock right over left, recover weight to left
3-4 Step right to right side, cross step left over right
5-6 Step right to right side, cross step left behind right
7-8 Turn ¼ right stepping right forward, turn ¼ right stepping left to left side (12:00)

WEAVE, ¼ TURN RIGHT, STEP, PIVOT ½, STEP

1-2 Step right to right side, cross step left over right
3-4 Step right to right side, cross step left behind right
5-6 Turn ¼ right stepping right forward, step left forward
7-8 Pivot ½ to right (weight to right), step left forward (9:00)

HEEL SWITCH, STEP & SLIDE, TOUCH, ¼ TURN, ROCK, RECOVER

1&2& Touch right heel forward, step right beside left, touch left heel forward, step left beside right
3-4 Large step right forward, slide left up to right (weight to left)
5-6 Touch right toe beside of left, turn ¼ right stepping right slightly forward
7-8 Rock forward on left, recover weight to right (12:00)

STEP BACK, SLIDE, STEP RIGHT, SLIDE, ¾ WALKING TURN

1-2 Left large step diagonally back, slide touch right beside left
3-4 Right large step to right side, slide touch left beside right
5-8 Walk left-right-left-right in a ¾ circle moving to the left (3:00)

LEFT ROCK STEP, RECOVER, SLOW SAILOR LEFT, SLOW SAILOR RIGHT

1-2 Rock left diagonally forward, recover weight to right
3-5 Step left behind right, step right to right side, step left to left side
6-8 Step right behind left, step left to left side, step right to right side (3:00)

TOUCH BEHIND, UNWIND, STEP, PIVOT ½, STEP, CROSS ROCK, RECOVER, STEP

1-2 Touch left behind right, unwind ½ turn to left (weight to left)
3-4 Step right forward, pivot ½ turn left (weight to left)
5-6 Step right beside left, cross rock left over right
7-8 Recover weight to right, step left to left side (3:00)

REPEAT
