# Running Away



拍數: 64 牆數: 4 級數: Intermediate

編舞者: Amanda Price & Alyce Strong 音樂: Running Away - Delta Goodrem



#### FORWARD, BACK, FULL TURN, FORWARD, BACK, FULL TURN

1-2 Rock forward on right, back on left

3&4 Full turn by right shoulder stepping right-left-right

5-6 Rock forward on left, back on right

7&8 Full turn by left shoulder stepping left-right-left

# VINE TO RIGHT ENDING WITH LEFT HEEL AT 45 DEGREES, (CHANGE WEIGHT), VINE TO LEFT, ENDING WITH RIGHT HEEL AT 45 DEGREES

1-2 Step right to right side, left behind right

&3&4 Step right out again and bring left heel out at 11:00, bring left back beside right, cross right

over left

5-6 Step left to left side, right behind left

&7&8 Step left back out to left side, cross right over left, step left out again to left side, bring right

heel out at 1:00

#### CHANGE WEIGHT, POINTS, 1/4 TURN, LEFT COASTER STEP

&1-2 Step left in front of right, point right toe out to right side3-4 Step right in front left, point left toe out to left side

Optional: instead of points, do jumping heel clicks

5-6 Cross left over right, step right back

7&8 Turn ¼ by left shoulder, step left back, right back, left forward

# RIGHT BRUSH UP, RIGHT REVERSE BRUSH UP, RIGHT BRUSH UP, VINE RIGHT, FULL TURN, CHANGE WEIGHT

1&2& Bring right heel out at 1:00, hook right foot across front of left knee, place right heel back out

at 1:00, kick right foot back

3&4 Bring right heel out at 1:00, hook right foot across front of left knee, place right heel back out

at 1:00

5-6 Step right out to right side, lock left behind right

&7-8 Step right back out to right side, full turn by right shoulder on left foot, change weight to right

### LEFT BRUSH UP, LEFT REVERSE BRUSH UP, LEFT BRUSH UP, VINE TO LEFT, 3/4 TURN

1&2& Bring left heel out at 11:00, hook left foot across front of right knee, place left heel back out at

11:00. kick left foot back

3&4 Bring left heel out at 11:00, hook left foot across front of right knee, place left heel back out at

11:00\*

5-6 Step left out to left side, lock right behind left

&7&8 Step left back out to left side, ¾ turn by left shoulder on right foot, keeping weight on right

foot

#### HEELS IN, 1/4 COASTER STEP, HITCH, 1/2 TURN

1&2&3 Twist left heel in, replace, twist right heel in

&4 Replace, twist left heel in twice

5&6 Turn ½ by left shoulder, step left back, right back, left forward (coaster step)

7-8 Lift right knee up and turn ½ with knee still up by right shoulder

#### LOCKS, CROSS SHUFFLE, SHUFFLE

1&2	Step right out at 1:00, lock left behind right, step right out again slightly traveling forward
3&4	Step left out at 11:00, lock right behind left, step left out again slightly traveling forward
5&6	Cross right over left, step out on left, cross right over left again
7&8	Step out on left, cross right slightly behind left, step left back out

## $\frac{3}{4}$ TURN, SHUFFLE, $\frac{1}{4}$ TURN, CROSS SHUFFLE, ROCKS

1-2	Bring right foot out and turn ¾ by left shoulder, change weight on left foot
3&4	Step out on right, cross left slightly behind right, bring right back out
5&6	Turn ¼ while crossing left over right, step out on right, cross left back over right
7-8	Rock right out to right side, then replace weight on left foot

### **REPEAT**

### **RESTART**

After 36 steps on 5th wall