Russell 'em Up

拍數: 40

牆數: 4

編舞者: Malcolm Russell (UK)

音樂: She Won't Be Lonely Long - Prairie Oyster

RIGHT GRAPEVINE, ROCK STEPS, LEFT BACK COASTER

- 1-4 Right grapevine ending with a left touch
- 5-6 Rock forward onto left, then back onto right
- 7&8 Left back coaster (step back left, right together, step forward left)

FORWARD STEP WITH ¼ TURN, RIGHT MONTEREY TURN, RIGHT BACK COASTER

級數:

- 9-10 Step right forward making a ¼ turn left, step left next to right
- 11-12 Touch right to side, spin $\frac{1}{2}$ turn to right-weight on right
- 13-14 Touch left to side, place next to right
- 15&16 Right back coaster step (step back right, left together, step forward right)

LEFT GRAPEVINE, ROCK STEPS, RIGHT BACK COASTER

- 17-20 Left grapevine ending with a touch
- 21-22 Rock forward onto right, rock back onto left
- 23&24 Right back coaster step (step back right, left together, step forward right)

LEFT STEP FORWARD MAKING ¼ TURN, LEFT MONTEREY TURN, LEFT BACK COASTER

- 25-26 Step forward on left-making a ¼ turn right, step right next to left
- 27-28 Touch left to side, spin ½ turn to left-weight on left
- 29-30 Touch right to side, place next to left
- 31&32 Left back coaster step (step back left, right together, step forward on left)

SIDE STEP, CROSS BEHIND, TRIPLE SIDE SEPS WITH A CROSS

- 33-34 Step right to side, cross left behind right
- 35&36 Step right to side, left together, cross right in front of left

LEFT GRAPEVINE MAKING ¼ TURN

37-40 Left grapevine-making a ¼ turn left, ending with a right up-stomp

REPEAT

